Second Annual Farm Safety Day
Policing in Merriwa

Merriwa District Progress Ass. Invites you to

A Public Meeting

with Acting Police Commander
Guy Guiana APM
Hunter Valley Local Area Command
to discuss policing issues affecting the Merriwa/ Cassilis community

Merriwa RSL on Wednesday August 26

in the auditorium at 6.00pm.

Merriwa Community
2nd Annual
Farm Safety Day

Thursday 27th August 2015
at Merriwa Showground

From 2pm FREE Hands-on Livestock, Quad & Farm Machinery Workshops

WorkCover $500 Small Business Safety Rebate & Quad Bike Research Results

Hunter LLS Feral Animal Control Advice - Trapping Display

+ 10am - 4pm FREE Community Skin Cancer Checks & Q Fever Testing

+ From 5pm FREE Barbeque Dinner - BYO Drinks

& our feature ‘MENTAL HEALTH MAKEOVER’ workshop 6.30 - 8.30pm
with Simon Santosha as seen on ABC TV’s Q&A,
Sarah Green, Hunter New England RAMHP & Caroline Hayes, DPI Rural Resilience Program

FOR MORE INFORMATION CONTACT Coordinator - ROB TINDALL 0427 761159
School Attendance Policy

What Are Parent Responsibilities?

Education in New South Wales is compulsory for all children between the ages of six years and below the minimum school leaving age of 17 years. The Education Act 1990 requires that parents ensure their children of compulsory school age are enrolled at, and regularly attend school.

Once enrolled, children are required to attend school each day it is open for students.

Being On Time

Arriving at school and class on time:
- Ensures that students do not miss out on important learning activities scheduled early in the day
- Helps students learn the importance of punctuality and routine
- Give students time to greet their friends before class
- Reduces classroom disruption

Lateness is recorded as a partial absence and must be explained by parents.

What If My Child Has To Be Away From School?

On occasion, your child may need to be absent from school. Justified reasons for student absences may include:
- Being sick, or having an infectious disease
- Having an unavoidable medical appointment
- Being required to attend a recognised religious holiday
- Exceptional or urgent family circumstance (e.g. attending a funeral)

Following an absence from school you must ensure that within seven days you provide the school with a verbal or written explanation for the absence. Many parents are now using the school app to send in sick notes. However, if the school has not received an explanation from you within two days, the school may contact you to discuss the absence.

Darren Noonan
Principal

Principals may decline to accept an explanation that you have provided if they do not believe the absence is in the best interest of your child. In these circumstances your child’s absence would be recorded as unjustified.

What May Be Considered An Unjustified Reason For Absence?

- Hairdressers’ appointment
- Helping with shopping
- Leaving school early e.g. during sport or study periods
- Arriving late slept in

The Principal may request medical certificates or other documentation when frequent or long term absences are explained as being due to illness. If the request is denied, the principal can record the absences as unjustified.

Travel

Families are encouraged to travel during school holidays. If travel during school term is necessary, discuss this with your child’s school principal. An ‘Application for Extended Leave’ may need to be completed. Absences relating to travel will be marked as leave on the roll and therefore contribute to your child’s total absences for the year.

If parents would like clarification of Department attendance procedures, please feel free to contact the school.

Darren Noonan
Principal

Coming Events

AUGUST

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<th>Date</th>
<th>Event</th>
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<tr>
<td>Friday 21</td>
<td>Year 12 - Trial Exams</td>
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<td></td>
<td>Open’s Rugby League 7’s final – Dubbo, 6.45am-5.00pm</td>
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<tr>
<td>Friday 28</td>
<td>Little Sprouts Day – Books Light Up Our World</td>
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Primary News

STUDENT OF THE WEEK

Congratulations to the following students for earning a wonderful book award, donated by our lovely P and C:

Kindergarten: Riley Bristow
Year K/1: Zara Sampson
Year 2: Makayla Mobberley (absent)
Year 3/4: Sienna McClung
Year 4/5: Jack Fairhall
Year 5/6: Kai Heang

SPECIAL AWARDS

Congratulations to Mackenzie Blackadder and Samantha Bristow. Their achievements were mentioned in the report from the Zone Athletics Carnival previously but they have now received their ribbons. Well done!

APP REVIEW

Have you heard of the School A to Z website or App? It’s fantastic!

It’s a free download. Do you struggle to understand your child’s homework? Does your child need to practise their spelling and times tables? Are you looking for inspiration for projects and assignments? The School A to Z app is an essential tool for every parent of school-aged children and is available from the App store and the Android marketplace.

ASSEMBLY

The Primary campus will be holding their formal assembly this Friday. Merits, special awards and Workers or the Week will be presented as well as another ‘Sing-a-long’. All are welcome to come along and join us at 2.15pm.

FARM SAFETY DAY

Students from Years 3-6 will be attending the Farm Safety Day next Thursday August 27. They will walk down to the Merriwa Showground after recess to participate in some safety sessions. Students will be provided lunch at the end of their sessions and return to school for regular afternoon classes.

HUNTER INTER-SCHOOLS PRIMARY PUBLIC SPEAKING COMPETITION

Last Wednesday and Thursday, four students from Merriwa Central School travelled to Singleton Heights Public School to take part in an inter-school public speaking competition. This year was another very successful competition with an average of twenty five students competing in each Stage based section.

The speeches were all of a very high standard. Inara West, Isaac Constable, Josie Porter and Hasan Tashman fought back their nerves to present their speeches which they had worked so hard to write and learn. Although they were not successful in making it to the next level of competition, all four students advanced their knowledge of public speaking and represented our school with pride. Congratulations to them and thank you to their parents for supporting them in learning their speeches and transporting them to the competition.

LITTLE SPROUTS COMMUNITY READING DAY

It’s that time of year again when Merriwa comes together to share and promote a love of reading. Little Spouts will be held Friday August 28 and will involve local businesses reading to students from Merriwa Central School, St Joseph’s Merriwa, Cassilis and Sandy Hollow. Students have been busily organising their costumes and with prizes being awarded to best dressed local business owners and employees, adults are encouraged to dress up too. The theme for Little Sprouts this year is ‘Books Light Up Our World’. Everyone is welcome to come dressed as a person from a specific nation by wearing iconic clothing such as a sombrero or Akubra. Alternatively, costumes may reflect the colour of a nation’s flag.

There will be many exciting activities on the day including Alpha Show’s Beauty and the Beast performance, Aboriginal Dreamtime stories, fun games with ROAR, craft activities with 4C and a
book fair which will be held at the School of Arts. Students will relish the opportunity to read at local businesses with members of our supportive Merriwa community. Thank you to all of the businesses and community members who have offered their time and venues to make the day possible. We look forward to visiting you all to enjoy the fun and excitement of Little Sprouts.

**Little Sprouts 2015**  
**Community Reading Day**  
**Invitation to Seeds**  
**Friday August 28**  
**10.30am—12.30pm**

If you have a child who is preschool age (but is not attending preschool) or younger, you are invited to attend Little Sprouts day as part of our ‘Seeds’ group. We will be meeting at **10.30am at the School of Arts** before moving off to activities at the Library and Merriwa Central School. We will enjoy recess, which will be provided by CWA, at the park with the preschool students.

Come dressed as a person from a different country or simply wear the colours of a particular nation’s flag. Join us for a day of reading and lots of FUN!

Little Sprouts is a community literacy initiative of Merriwa Central School.

Megan Sinderberry  
Assistant Principal

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**Secondary News**  
**ENGLISH/HISTORY REPORT**  
**EAGER IN ENGLISH**

Merriwa Central School students have been working hard in English this term!

Courtney Gibbons has been particularly helpful to the English Department this fortnight as she was kind enough to help judge the Primary campus’ public speaking competition during Week 4. This was a fantastic opportunity which allowed Courtney to put her knowledge of speeches into practice as she has been learning about the art of speaking in Advanced English this term.

Our HSC Standard and Advanced English students have been very busy preparing essay drafts and studying frantically in preparation for their Trial Examinations. This is a huge task as the students are expected to sit two separate English papers which will take over four hours to complete. Good luck Year 12, your hard work and dedication will pay off.

Mr Ambler and Mrs Roberts would like to congratulate Year 10 English students for working hard to interpret Shakespeare this year. Enthusiastic students participated in reading and re-enacting Romeo and Juliet in class and enjoyed watching film adaptions of this famous play. Well done Year 10 for submitting detailed assessment tasks for this unit last week.

Brianna Roberts

In addition we have two exciting performances coming up:

Firstly: students have been invited to attend a performance of “Gloria’s Handbag” on September 1 here in Merriwa. This show is set in New Zealand in the year 2021. Gloria, aged 97, hasn’t long to live. Her son wants her to move but she wants to die in her own home. Gloria buys a designer handbag, which sets off a series of fascinating events. The six characters are all performed by Helen Moulder and the show has received excellent reviews in Australia and New Zealand.

Secondly: the Belvoir Theatre Company in Sydney have offered us tickets for a performance of “Ivanov” on Wednesday October 14 at 11.30am followed by a meet the cast session. This will be open to students in Years 10 and 11. It is a unique opportunity for students to see a live performance and then ask questions of the performers.

Further information will be provided when more details are available. These are fantastic
opportunities so please encourage your children to attend.

Gwen Meyer
Head Teacher

GET SMART

Last Thursday Upper Hunter Community Health presented a whole day workshop called ‘GET (‘Girls Empowering Themselves’) Smart’ for all girls in Years 9 and 10. The workshop has been developed by NSW Health Services and was presented by Jodie Duffel, a Women’s Health Nurse from Upper Hunter Community Health, and Linda Bates, a Community Health Nurse. GET Smart is aimed at educating girls on a range of body issues. The workshop focussed on:

• Your body: anatomy, periods, health
• Myths and Facts
• Healthy Relationships
• Consent
• Selfies and Texting
• STIs
• Contraception
• Pregnancy and Babies

Upper Hunter Community Health provides a range of allied health and nursing services including:

• child and family health nurses
• community nursing including wound and foot care clinics
• palliative care nurse
• dementia advisory service
• physiotherapy
• social work
• dietician
• occupational therapy
• speech pathology
• home modification and maintenance
• women’s health nurse

The Women’s Health Nurse visits Merriwa once a month. For more information about services offered by Upper Hunter Community Health, please contact Merriwa Multi-Purpose Service on the corner of Mackenzie and Brisbane Street, 8.30am - 5.00pm, Monday to Friday. Alternatively, the Muswellbrook office, located on Brentwood St can be contacted by phone on 6542 2050.

Lana Grant
Girls Supervisor

MERRIWA CENTRAL SCHOOL HORSE SPORTS 2015

On August 10 Merriwa Central School held their annual Horse Sports Day. The morning was crisp and clear and the day went on to become perfect for competing on horseback. There was nearly 180 competitors with their parents and carers as the support teams, assembled at the showground, some had campfires going to ward off the morning chill. Others were gathered around the canteen where the P and C run canteen was serving up bacon and egg rolls and hot coffee. Thank you to our local P and C members and the parents from other schools who helped to staff the canteen all day. Our students Luke and John Cronin, Matt McLennan, Joshua Muller and Joseph Whaley did a great job at the BBQ. Whilst our new exchange student Lotta Peedimaa quickly mastered the cappuccino machine and served wonderful coffees all day. The visiting team managers were given information packs on arrival. They contained notices about many safety considerations that the Department of Education now requires to enhance the safety of competitors and visitors. We thank all the participants for complying with the new regulations.

The day as usual started with a mounted parade to show off the horses and riders. Twenty five schools were represented this year and it was great to see 170 plus students on show. St Matthews Mudgee was awarded Best Presented Large School with Mudgee High taking out Best Presented Small School.

A special mention to our MCS Equestrian Team who looked very smart. This year 21 students represented MCS, our largest representation in a long time. Our students rode extremely well during the day and were able to take out many awards. Our girl Age Champions were: 7 years - Makayla Mobberley, 12 years - Chloe English, 13 years - Hannah Riley, 14 years - April Lawler. Our boy Age Champions were: 9 years - Jack Mobberley, 13 years - Clancy Martin, 15 years - Hamish Cameron, 16 years and over - Mathew Porter. Reserve Champions were won by Ava Johnson - 6 years and under, Josie Porter - 9 years, Kayden Coulter - Led, Ty Riley - 12 years and Brodie Grady - 15 years.

Jack Mobberley also won Highest Scoring Primary student and tied for Champion Junior Sporter with Thomas Hutton of St Josephs Maitland. Clancy Martin won the Highest Scoring Secondary Student, Champion Senior Sporter and Highest Scoring MCS Horse and Rider combination. The Best Presented MCS Primary Horse and Rider was won by Georgi Maben and April Lawler claimed the Best Presented MCS Secondary Horse and Rider. MCS Sportsmanship Award was won by Isla Murphy and Matthew Grady received the Encouragement Award.

The Team of four Point Score, from all Primary schools, was won by MCS – Jack Mobberley, Ava Johnson, Makayla Mobberley and Josie Porter took home the rosettes. A tremendous effort
from our primary students who were only 5, 7 and 9 years old. Not to be out done our Secondary team of four: Clancy Martin, Hamish Cameron, Ty Riley and Hannah Riley also took top honours for the Secondary Team of Four.

Our last awards for the day were the Highest scoring Primary and Secondary schools trophy’s, this is hotly contested each year. Our Primary Team of only 11 riders were just pipped at the post by a much larger school for Primary trophy. Wonderful job for such a young team of riders with the oldest being 10. The secondary award was won by our MCS Secondary team with 10 riders topping the point score.

The day was successful due to the interest and enthusiasm from all the riders. Thank you to the Merriwa CS Horse Sports Committee and the parent and community helpers without whose help the event would not be able to be run.
Favourite Subject: Mathematics, Industrial Tech Metal

Extracurricular Activities: Touch Footy, Rugby League, guitar

Best Personal Achievement: Leading the ROAR boys as Vice Captain

Aspirations for the future: Finishing my HSC and joining the Defence Force

Year Advisor’s Comment: Luke is a reliable and hardworking young man who has put himself out there and achieved great things over the last few weeks. Luke performed as part of the Band at Variety Night and put in lots of hours practising both in and out of school. He also recently helped out in the canteen for Horse Sports showing his cooperative and helpful nature. Well done Luke.

Rebecca Hopkins - Year Adviser

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Student of the Week
Luke Cronin
Year 10
ROAR
Blake Tritton
Year 8

Why I want to be in ROAR: To learn more about ROAR

Favourite Subject: Cooking, Ag and Wood
Favourite sport: Basketball and cricket
Favourite team: Boston Celtics and Lakers
Favourite Sports Person: No one player in particular

Best personal sporting achievement: Coming first in the football GalaDay and coming third in Cross Country

Who inspires you: My friends and seniors at school
Advice to young players: To try hard and never give up on your hopes and dreams.

CAREERS NEWS

OPPORTUNITIES

A casual position is available at Landmark Townsend Merriwa for a young person 15-16 years old. It would be after school and possibly Saturday mornings. The work would involve heavy lifting, and customer service with a pleasant attitude. See Mr Beiers, with your resume, at school if you are interested.

Bengalla Mine and MIGAS are looking for self-motivated team players to join their four year apprenticeship programme at Bengalla Mine in 2016. The electrical and plant mechanic apprenticeships provide a range of benefits.

Applications close August 21. To apply, visit Migas.com.au or call 4934 4000.

ANZ TRAINEESHIPS AVAILABLE FOR INDIGENOUS STUDENTS

ANZ has recruited over 800 Aboriginal and Torres Strait Islander trainees across Australia since 2003. We believe that investing in training and supporting Australian Aboriginal and Torres Strait Islander communities provides opportunities for talented individuals to grow and open the door to a rewarding career with ANZ.

SCHOOL BASED TRAINEESHIPS

While completing Year 11 and Year 12 studies, trainees will:

• Work at least one day a week in an ANZ branch
• Receive an income while learning new skills
• Be supported by ANZ staff and Aboriginal mentors
• Be able to take on career opportunities with ANZ or other opportunities at the end of their traineeship
• Gain a nationally recognised qualification in Certificate II in Business or Financial Services

INTERESTED IN APPLYING?

Applications for the School Based Traineeship are now open.

To apply, complete and submit Application Form online.

Please note applications for the School Based Traineeship Program close on August 31.

PUGGY HUNTER MEMORIAL SCHOLARSHIP SCHEME

Indigenous health course scholarship’s are available to Aboriginal/Torres Strait Islander people who are studying or intend to study a course in ATSI health work and other health fields including dentistry.

Applications will be available on the CAN website for studies in 2016 from Friday August 14 and will close Monday October 12. A full time scholarship is valued up to $15,000.00 per year. Go to www.acn.edu.au/phms

Please contact Mark Beiers or Jane Hegarty if you require any further career information.

Mark Beiers
Careers Advisor
Congratulations to Roy Lawler, Mikayla Telfer and Patrick McLaren who received the Sacraments of Confirmation and First Eucharist on Saturday night. Bishop William Wright spoke to the children and all gathered in St Anne’s church about each of the sacraments being a visible sign to us of the wonderful gifts God has already given us. He spoke beautifully about each person taking the opportunity to allowing God be present in relationship with them. He spoke about the gifts the Holy Spirit gives when we live our lives this way. Courage was the stand out gift the Bishop spoke about and then seeing the world with wonder and awe as a result. We then celebrated with a supper with the parishioners of St Anne’s in the MacKillop Room. A special “Thank you” to Anne Marie Peebles and Paige Farrow, for using their own time and talents to help the parents to prepare their students for special stage in their Christian journey.

Principal’s Report

State Action Plan for Literacy and Numeracy K-2 (SAP) has been running in our K-2 class for 18 months. Last Friday, Anne Marie Peebles (State Action Plan Lead Teacher) and I had an opportunity to discuss the progress in Literacy and Numeracy learning in the Infants years with other SAP school leaders. The data collected by our teachers is showing very good growth of all students in the infants years and the data is being used effectively to target teaching for students so that all students’ learning is maximised. Some of the great things happening at St Joseph’s Merriwa to raise the level of Literacy and Numeracy include:

- Creation of a collaborative teaching team where student assessment data can be collected, analysed and areas of need targeted by all classroom teachers together.
- Creation of fluid learning groups within the classroom where students are moved in and out of a group for specific targeted teaching as needed.
- Use of additional teaching assistance in the Literacy and Numeracy teaching times so that the teachers can work with smaller groups to target specific areas of need.
- Uninterrupted Literacy and Numeracy teaching times across the whole school. Keeping the Main thing the Main thing.
- Parent assisted reading groups where parents and volunteers are given specific reading tasks to complete with an individual student or small group of students targeting their needs at that point in time.
- Focussed use of a computer based Literacy skills program for students requiring additional support in class. The school has also purchased the program for all students to use at home. The work done at home is monitored by our teachers and if areas of weakness are flagged by the program the teachers follow up with it at school.
- Competition participation to make English and Maths skills relevant and real. These competitions include school and regional based public speaking competition, spelling bees and maths mentals bees as well as school, regional and Diocesan level debating competition for Stage 3 children. There is also a regionally based Mathematics competition that all Stage 3 students compete in as well as the opportunity for high achieving Stage 2 students to participate.
- Delivery of quality Professional Development to all teachers across the school to keep teachers abreast of the current science around teaching Literacy and Numeracy.
- The appointment of one teacher as Maths champion at St Joseph’s. This teacher attends many specialised maths PD days and brings the learning back and trains the rest of the staff. This has proven to be a very good model to work with.
- Delivery of parent training as the need arises eg “How to teach your child to read”
- The appointment of Additional Learning Support Teacher hours to focus on designing and implementation of targeted programs for students with learning difficulties.

Parents can be part of this great focus. There is
something for everyone! Some ideas to start with:

1. Be a reading helper at school
2. Be a reading helper with your child at home
3. Encourage your child to prepare for the challenges such as spelling bees (the school challenge is next week)
4. Discuss the value of learning with your child. Help them to see the wider world that learning opens up for them. In the words of the wonderful Dr Seuss - The more that you read, the more things you will know. The more that you learn, the more places you’ll go.

Next week is Book Week and we look forward to celebrating books with a magic show at school on Thursday. All welcome. The Thursday pre-schoolers will be joining with us. There is no book parade this week but students will still be celebrating the short listed books in their library lessons. We will join the community on Friday for the annual Little Sprouts Day. This fabulous day encourages everyone in the community to get involved in reading and help our youngest community members to experience the joy and wonder of books. Thank you to the Merriwa Central School for continuing to host this fabulous day.

Congratulations to the Stage 3 students who entered the “Mayor for a Day” writing competition run by the Upper Hunter Shire Council. Our school winners were Darcy Moore - first prize and Tia Manger and Damian Jamieson who won second and third places respectively. This is an example of writing with a meaningful purpose. Thank you Miss Foran for your effort to engage the students in such worthwhile learning experiences. Best wishes to Darcy in the overall competition, the winner of which will be announced next Monday.

The ASPIRE Program has once again reached out to the students at St Joseph’s Merriwa to assist us in giving them the best opportunities for developing Creative Arts skills of Dance, Drama and Singing. Lauren the dance teacher and Anna the drama and singing teacher had absolutely every student up and moving last week. All students have improved their skills so much and they are very excited about showcasing these skills for you on Concert night on September 9. This year’s theme is “Australia – A journey through time”.

The Upper Hunter Conservatorium of Music Quintet will entertain our students this Wednesday at 2.00pm in the MacKillop Room. Our students will be the audience in a 45minute recital performed by masters of the bassoon, French horn, flute, clarinet and saxophone. Please feel very welcome to join us for this exciting event. This recital complements the Creative Arts – Music curriculum.

Transition program for new kinder students 2016 is well under way and I am very pleased with the response so far. All the students have settled into their new classroom environment very well. This program has been a very successful one over the past years as it assists the new students to practice skills associated with “big school”. They learn to be a little more independent, follow instructions, carry their own bag, open their lunch boxes and so on. The program also enables the teachers to identify areas which may need extra support before next year and once at school. The senior students love forming a new relationship with their buddies and enjoy helping them settle into the school environment. There have been two very useful parent sessions held on the morning of Transition, so far. The first was on the Curriculum in the first years and what parents can expect Kinder learning to look like and some hints on what they can be doing at home now. The second session was on Emotional wellbeing and Social skills. This session focussed on what we do at school to assist students to become resilient and to form relationships with others, and what families can do at home as primary educators of their child. The remaining sessions will focus on Learning Literacy and Learning Numeracy. It is very important that from Transition onwards...
parents work in partnership with the school in the education of the students. When schools and parents work together there is a greater opportunity for each student to reach their potential.

Merriwa Horse Sports was a very well attended event last week. St Joseph’s had 12 riders participating on the day. Thanks you to team manager Mrs Samantha Kerr and parents for assisting on the day to ensure all children could compete in a safe environment. Mrs Kerr has reported that the students displayed great sportsmanship throughout the day and were noted as having very good manners. Mrs Kerr was also impressed with the level of improvement in riding skills of our students over the months since our last Horse Sports event. Well done!

**CONGRATULATIONS TO THE FOLLOWING AWARD WINNERS FOR LAST WEEK**

- **Kindergarten - Alana Telfer** - for great input in our Transport Information Report
- **Archie Constable** - for assisting others in their learning
- **Year 1/2 - Pia Henderson** - for consistently applying herself to all learning activities
- **Aidan Hunt** - for demonstrating a fantastic understanding of Jesus’ parables
- **Toby Jamieson** - for responding to a range of texts in our Literacy Focus
- **Year 3/4 - Darcy Taffe** - for her excellent use mental strategies to multiply a one-digit number by a multiple of 10
- **Patrick McLaren** - for showing persistence in all activities
- **Year 5/6 - Tia Magner** - for superb responses in Comprehension activities.

- **Darcy Moore** - for exemplary use of the Order of Operations in Mathematics.

**Playground Champion and Principal’s Awards**
- Madalaine Thrift, Amy Redgate, Olivia Collins, Helena Parker, Ella Beaven, Alana Telfer, Darcy Taffe, Mollie Beaven, Lula Peebles, Roy Lawler: nominated as being students who display very good social skills on the playground, welcoming others to join in their play.
he had put into his Italy poster paid off with Tobias winning the Year 2-6 competition. On Tuesday, Tobias also displayed some wonderful leadership skills at the Touch Football Gala Day and did a fantastic job of guiding and encouraging his teammates. Congratulations and keep up the wonderful work, Tobias!

AS DOROTHY GALE BEAUTIFULLY SAID ‘THERE’S NO PLACE LIKE HOME’

It was wonderful to return to Cassilis School this week. Happy students greeted me and I felt very welcomed. We have a group of thirteen fantastic children and I’m excited about the learning and opportunities ahead.

I would like to thank Mrs Grinham for her work as Relieving Principal and I wish her the very best for her future. It was lovely knowing that the school was left in such capable hands. I loved reading the weekly adventures and achievements of the students over the past year.

Being back at work, I was quickly reminded about the genuine love that Mrs Nairne, Mrs Hunt and Miss Hodgson have for their jobs. They are truly great assets to our school and consistently seek to improve the learning for our students. Their effort and commitment to Cassilis Public School is remarkable.

I feel very lucky to be able to share my Principal position with Miss Hodgson. She will be Relieving Principal each Thursday and Friday until the end of the school year. While quality teaching is one of her strengths, Miss Hodgson also shows a great capacity to be a leader. There have been many opportunities already where she has demonstrated her ability for leadership with her knowledge, willingness to work hard, problem solve and be an advocate for public education.

Both Miss Hodgson and I look forward to working with and continuing to strengthen our partnerships with our families and community members.

Mrs Burgess

THINKERS KEYS

It was the first time that I have been part of a lesson about Thinkers Keys, which is a program developed by Tony Ryan. I was very impressed by how the students are encouraged to think. The focus today was ‘Inventing’ and students were given the instruction to invent a new machine to assist with cleaning teeth. Immediately, I noticed students brainstorming and discussing current problems with teeth brushing and how these could be overcome with a new creation.

Below are the examples from the students who could either work in pairs or independently.

A tiny robot that latches onto your teeth - James
A mini robot that will be connected to the bathroom bench – Rachel
Mint and chocolate flavoured everlasting toothpaste – Isabelle Bowler and Summer
Super strawberry and mint bubble gum toothpaste that makes your breathe smell nice, also has mini leprechauns in it that stomp all the plaque away, a vacuum for sucking out the yucky stuff and a mop to polish the teeth – Maddie and Sophie
A microchip which attaches itself to your teeth to clean them – Jack and Angus
A sink on wheels with hands for cleaning teeth – Isabelle
A robot with wheels that clean your teeth – Ben
Special tooth wash that cleans your clean then you can spit it out – Banjo
A metal toothbrush so it doesn’t break easily – Tobias
A solar powered toothbrush - Georgia.

Katie Burgess
Principal
CPR COURSE
We will be conducting a CPR course at school on Saturday September 5. Families and community members are most welcome to join us if they wish to update their qualifications. The day will start at 9.30am and finish at approximately 12.00pm. Cost for the course is a bargain at $30.00 per person. Please leave your name at the office if you wish to participate in the training.

CONSISTENT TEACHER JUDGEMENT
Last week Mrs Darlington and Miss Clendinning participated in some training around being consistent when making judgments about student work samples. This can sometimes be challenging in a small school when there is often only one teacher responsible for marking student work in each stage. This workshop will give us the opportunity to see how we judge student achievement against how other schools judge student achievement.

DRUMMING
This week we welcome back Isabella Berrigan who will conduct a series of Djembe drumming workshops with all students and staff. The students are looking forward to extending their learning. There will be no cost for this program as it will be funded out of the school’s allocation for isolation.

PARENT/TEACHER INTERVIEWS
All students received notes regarding booking in for interviews. All interviews will be conducted during weeks 6 and 7. If you are unable to fit in one of the allocated times please contact your child’s teacher to book a time that is more convenient. Staff are more than happy to make accommodations where possible.

YOU CAN DO IT
Last week all students were learning about and practicing relaxation techniques. We discussed how difficult it is to learn when your body is all tense. This was demonstrated through an activity where students were asked to make a tight fist and hold it for 15 seconds then relax. They then tensed their whole body for 15 seconds and then relaxed. All students were able to see the importance of being able to relax the body. They practiced the following techniques:

1. **5.3.5**
   Breathe in through the nose for five seconds, hold it for three seconds then breathe out through the mouth for five seconds. Repeat as necessary

2. **Visual Representation**
   Breathe in slowly through the nose while thinking about a place they like to be, eg the beach, then breathe out through the mouth and whisper the word ‘relax’, ‘calm’ or ‘breathe’. Repeat as necessary

3. **Diaphragmatic breathing**
   Lying on the floor with hand placed just under rib cage. Breathe in slowly through the nose, allowing stomach to rise, then breathe out slowly through the mouth, allowing the stomach to fall

4. **Lying still on the floor**
   Breathe in and out slowly and:
   - Listen for sounds
   - Look for colours
   - Sing a known song over and over in your head.

Students have been encouraged to practice these techniques over the next few weeks.

WEEKLY AWARDS
- Jacob Marsh - trying hard in Writing
- Isabella Wallace - application in Mathematics.
- Lilly Coen - consistently trying hard in all subjects
- Ayden Marsh - wonderful effort in drumming
- Cody Parkinson - making wonderful contributions to this week’s Science Show
- Declan Adams - wonderful drumming skills.

PRINCIPAL’S AWARDS
- Harry Thompson - improved attendance
- Tyson Marsh - improved attendance
- John Ward - improved attendance.

WORKERS OF THE WEEK
Kinder/Year1/2 - Xavier Coen, Ella Olive and Livianna Craig
SPORTS PERSON OF THE WEEK
Kayden Adams - always playing fairly.

Christine Darlington
Principal

Sandy Hollow Public School are now taking enrolments for Kindergarten 2016. If you have a child or know of a child that turns five before July 2016 and you are thinking of sending them to Sandy Hollow, please contact the school to have their name added to our list.

An information package will be sent out later this term.

Our Kindergarten Orientation program will take place in Weeks 1 – 8 next term.

Cooking with CWA
MARBLE CAKE - THREE COLOURS

INGREDIENTS
- Melted butter, to grease
- 200g butter, softened
- 215g (1 cup) caster sugar
- 1 teaspoon vanilla essence
- 3 eggs
- 150g (1 cup) self-raising flour
- 150g (1 cup) plain flour
- 125ml (1/2 cup) milk
- 2-3 drops red liquid food colouring
- 1 tablespoon cocoa powder, sifted

1. Preheat oven to 180°C. Brush a square 20cm (base measurement) cake pan with melted butter to lightly grease. Line with non-stick baking paper.

2. Use an electric beater to beat the butter, sugar and vanilla essence in a medium bowl until pale and creamy. Add the eggs, one at a time, beating well after each addition until well combined. Sift together the flours. Reserve two tablespoons of the milk. Fold half the flour mixture into the butter mixture and stir in half the milk. Repeat with remaining flour mixture and milk until well combined.

3. Divide the cake batter among three bowls. Add a few drops of red liquid food colouring to one portion and stir until well combined. Combine the cocoa powder with the reserved milk and add to another portion. Stir until well combined.

4. Place alternate spoonfuls of the three mixtures into the prepared pan, tapping the base of the pan on a flat surface to settle the mixture. Use a spoon to gently swirl the batters together to create a marble effect. Tap the base of the pan on a flat surface to smooth the surface. Bake in preheated oven for 45-50 minutes or until a skewer inserted into the centre comes out clean. Remove from oven and set aside in pan for 5 minutes. Turn onto a cake rack to cool completely.

5. To make the chocolate frosting, place butter in a large bowl and use an electric beater to briefly beat until creamy. Sift over the combined icing sugar and cocoa powder, and beat until combined. Add the milk and beat until fluffy.

Ringer Deadline!
Please remember to place your articles and advertisements into the Merriwa Ringer by Monday at 12.00 noon.
DATE FOR YOUR DIARY

Women’s Guild Meeting - First Thursday Monthly:
September-November: 2.00pm

Messy Church - Parish Hall - Last Friday Monthly:
August-November: 3.30pm

Men’s Breakfast - Parish Hall - Third Saturday
September-November: 7.30am

August 20: Anglican Women have a gathering in
Muswellbrook at St Alban’s Parish Hall commencing
with morning tea at 10.00am

Guest Speaker: Peter Holland from the Samaritans.
Lunch: Soup and Damper

Contact: Beatrice Voysey 6548 2065

September 9: Anglican Women Spring celebration
All Saints Singleton.

GIFT-BASED MINISTRY

“Don’t ask what the world needs. Ask what will
make you come alive, and go do it. Because
what the world needs are people who have come
alive.” Howard Thurman got it right. As much as
possible, we want people doing what they feel
called to do, not what they think they ‘should’ be
doing. There’s a difference between community
service, giving back, pitching in, helping out,
doing your part, volunteering – all good things –
and gift-based ministry. True, these things might
not ‘look’ any different. The job is getting done
one way or another and “getting the job done”
is good. However, expressing your inner radiance
in Christ through Spirit-infused service is better. The
difference is often the presence of joy.

Paul discovered that the body of Christ received
what it needed in order to thrive through Spirit-
given gifts. Gifts of teaching, healing, proclaiming,
prophecy, helping, leading, shepherding, etc.
were distributed throughout the community.
Discerning these gifts was central to the life of the
early church.

THE EMERGING CHURCH

by Bruce Sanguin

There is a reading from John JOHN 6:51–58; and
it speaks on the bread of life theme. This part
of the chapter makes it clear that the believer
must have nourishment if there is to be growth
and life. That nourishment comes from a close
intimate relationship with Christ, a relationship
that becomes as much a part of us as the food
we eat.

What way do we choose to go, in seeking
fulfilment? What nourishes us? What hungers still
linger deep within us? How does Christ feed us,
nourishing and strengthening us that we may
offer ourselves as food in a hungry world? Where
or how do you experience Christ’s gift of food on
the journey?
Merriwa Ringer

Community Notice Board

Merriwa RSL Club Sub Branch

On September 11, the Merriwa RSL Club will be holding their Annual General Meeting, which is the same day as our Monthly Meeting. Voting for the board is from August 28 to September 6. We would kindly ask that all sub branch members ensure they cast their ballot at the club during this time, ‘rain hail or snow’.

For our meeting on September 11, come along and show your solidarity for the AGM and elections.

Robert Baihn (AKA Bob Baihn)

Merriwa CWA

Congratulations to Barbara Campbell for cooking the winning Lemon Sour Cream Cake at the first of Merriwa Branch’s Cookery Capers on August 10. Thank you to the judge Margaret Whitney, and for everyone who submitted their delicious cakes for judging. The cakes to be cooked for the next Cookery Capers on September 14 are the Victoria Sponge Cake and Marble Cake. These recipes will come but this week a different marble cake recipe has been included in the “Cooking with CWA” section of the Ringer. Details for the CWA Victoria Sponge Cake and Marble Cake will come closer to the judging day.

The next meeting of the CWA Merriwa Branch will be on Monday September 14 starting at 10.00am in the CWA Rooms, 159 Bettington Street.

New members are always welcome. Enquiries to: Barbara Campbell on 6548 5131 or on 0428 485 131 or Robyn McAlister on 6548 3274.

The CWA Merriwa rooms are available for bookings at very reasonable rates – contact Jean Price on 6548 2456.

Rosalie Drew

Legacy Week

When: August 31 to September 4

Legacy will be holding their annual Badge Day and Street Stall on Friday September 4. All donations of cakes, slices, biscuits etc would be greatly appreciated.

Maree Goodear and Sue Shearman

Merriwa Progress Association

Policing in Merriwa

Don’t forget the Public Meeting next Wednesday, August 26, where Hunter Valley Local Area Commander Guy Guiana will be on hand to discuss the communities concerns with Policing in the Merriwa and Cassilis area.

When: Merriwa RSL commencing at 6.00pm in the auditorium.

Organised by the Merriwa District Progress Association.

Beron Arden-Wood

Free Equine Nutrition Seminar

When: Thursday August 20 at 6.00pm – 8.00pm

Location: Merriwa RSL Club

TOPICS FOR DISCUSSION

- Equine nutrition 101
- Nutrition for laminitis prone horses
- Rebuilding condition after winter
- Stomach ulcers
- Parasite management

Proudly presented by Landmark Townsend, Hygain feeds and Virbac.

RSVP by August 12 on 02 6548 2122.

Corinne Parker
Our next Dinner Meeting for VIEW will be held at the Merriwa Sports Club on Thursday August 27, 2015 for 7.30pm dinner. We invite all members to attend and anyone in the community who would like to attend – we extend an invitation to you to come along. Attendance can be phoned through to Elaine Sparrow by Monday night the August 24, on 6548 8560. Our guest speaker for this month will be Breanna Goodear who will be telling us about her astonishing trip to Gallipoli and the 100 year celebration. Come and hear her story.

Luck door donor this month is Kay Burgess and raffle donor will be Jenny Johnson.

Any donations to our Learning Locally Bags can be brought along on the night and given to Jenny. All members could bring along a friend so we can share our wonderful VIEW club of friendship with more people in our community. It is great to meet new people and maybe increase our membership. If you haven’t paid your membership fee ($15.00) please do so with Sue Cronin asap.

See you at the Sports Club. Don’t forget to phone me with apologies or acceptances.

Elaine Sparrow

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**Merriwa Markets**

When: September 19
Where: RSL Club footpath and building
Time: 9.00am till 12.00 noon

We have a variety of stalls and new stall holders are always welcome.

Contact: 0428 496 630

We operate the third Saturday of every month except January.

Julie Russell

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**News**

The Anglican Ladies Guild held their Casserole Lunch last Friday with amazing support from the Merriwa Community. Thank you to all who attended and helped in any way and to our guest speaker Kerry Inder. Her insight and knowledge into Rural health was most informative.

Rosalie Drew

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**Merriwa Ringer**

Thank You

The ANNUAL GENERAL MEETING will be held at the MPS. A new committee was elected as follows: President - Elaine Sparrow; Vice President - Kay Taylor; Secretary - Amanda Kemp and Treasurer - Vivian Murray. We would like to thank our Honorary Auditor Bryan Baker for his continued support of our Auxiliary. Membership to our Auxiliary remains at $5.00 and we welcome new members. All money raised by our fundraising events goes back to our own MPS for equipment needed for patient and staff comfort.

Our guest speaker was Doctor Emad Hasem and all present enjoyed his topic for discussion being that of investing in staff, morale, and commitment to patient care and secondary care. He also gave us a ‘wish list’ of machinery that would benefit our patients if available at our MPS.

Also present at the meeting was Merriwa MPS ‘Acting’ Service Manager Hiliary Walker who gave us a ‘wish list’ of equipment needed and discussed what was happening within our MPS.

Our Auxiliary’s next fundraising event will be the Melbourne Cup Garden Luncheon. A committee has been formed to discuss where this will take place – any suggestions on garden venues would be welcome. More on this in future Ringers.

You’ll hear more on our Melbourne Cup Luncheon soon so start thinking of the guests YOU will be bringing with you to our special fundraising event on Tuesday November 3. Always a great day out with fantastic food and company with a little flutter on the horses.

Elaine Sparrow

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**Merriwa Cricket Club**

**ANNUAL GENERAL MEETING**

When: August 27
Time: 6.30pm
Where: Merriwa RSL Club

Anyone wishing to attend are more than welcome. All positions will be declared vacant and all voting members will need to be financial before voting.

Enquiries and apologies can be directed to Sonya Drury.

Sonya Drury
Merriwa Ringer

Community Notice Board

Soccer Skills for Kids

Soccer is running on Saturdays, 10.00am – 11.00am, No2 Oval. Come and try – all welcome. Our coach is Mark Morris who is a past representative of NSW and Australia in CP football and was an Australian player competing in the 2000 Paralympic Games.

Come along for fun, a run, learn soccer skills and have a game! Enquiries Leo Collins 0477 46 25 76.

Leo Collins

Gummun Place Friendship Morning Tea

The residents and staff of the Gummun Place Hostel wish to invite the Merriwa and the district community to a friendship morning tea on Monday September 8.

We would like to start up a Friendship Club for all. Interested in coming along to join us for morning tea and a chat? Or after more information. Please contact Jodie or Sue on 65251 7010 between Monday and Friday from 9.00am to 4.30pm.

Need help with transport to attend? Please do not hesitate to call and ask.

RSVP by August 31.

Jodie Wilton

Samaritan’s Christmas Boxes

The Samaritans Purse Christmas Boxes are available now. They will need to be in by September 30.

Anyone wishing to fill a box, please contact Barbara on 6548 5131 or mobile on 0428 485 131.

Barbara Campbell

Merriwa Anglican Guild Ladies

Expression of Interest for a Debutaune Ball, to be held in November 2015 are now being taken.

Names can be left at Di’s Clothing Patch.

All girls must be 16 years as of November 1.

Di Inder

Catholic Gathering

Gathering for Catholics in the Upper Hunter Region

DATE: Sunday August 23
VENUE: St Joseph’s High School Aberdeen
TIME: 10.00am – 3.00pm
THEME: “Discerning our Path”

The Parishioners of the Upper Hunter Catholic Parishes are invited to a Regional Gathering to be held at St Joseph’s High School Aberdeen on Sunday August 23, beginning with a Regional Mass at 10.00am at St Thomas Church Aberdeen.

Following on from the success of the 2014 Gathering, this year’s theme will be “Discerning our Path”. The event’s activities will be led by Father Richard Shortall SJ and will take the form of a Discernment Workshop.

All parishioners are invited to look beyond their parish boundaries and come together as the people of the Upper Hunter Parishes to worship and celebrate as one. To mark the significance of this gathering there will be only one Mass in the Upper Hunter for this day. The day will commence with Mass at 10.00am celebrated by Father Richard and the priests of the region. Morning Tea and Lunch will be provided for a small donation. Transport by car-pooling will be available.

It is important that all who wish to attend register. This will assist with catering, and providing of transport if required. Registrations will be held in the regions parishes in the weeks prior to August 23. If anyone missed these days and still wishes to attend please:

1. Contact your local parish office to provide numbers attending and transport requirements if needed
2. Contact Alyson Segrott, Diocese of Maitland-Newcastle Email: alyson.segrott@mn.catholic.org.au or Phone: 4979 1117 and provide information.

Angie Carroll

The Merriwa Community News is available to charity groups or non-funded, not for profit organisations and anyone wishing to advise of a special event (birthday/anniversary/etc). If you would like to make use of this free service, please contact us before 12.00noon on Mondays.
SECTION L – PHOTOGRAPHY

SUB-COMMITTEE: Mrs A Hogan (Captain), Miss N Gilder, Mrs A Inder, Mrs M Moore, Mrs D Morrow, Miss M Morrow, Mrs L Nixon, Mrs D Peebles, Mrs K Ryan, Mrs T Taaffe

ENTRY FEE: Open Classes $0.50 per entry
Children 16 and under no entry fee

PRIZES: First $3.00, second $2.00. Award cards for first and second

ENTRIES: Will be accepted in the Fairfax Pavilion on Thursday September 17 from 2.00pm to 4.00pm ONLY.

You may choose to leave your entries clearly labeled and accompanied by the entry fee at Di’s Clothing Patch, Bettington Street, Merriwa, until 12 noon on Thursday September 17. Any entries not collected between 4.00pm and 5.00pm on Saturday September 19 will become the property of the committee.

PRESENTATIONS: 11.00am on Saturday in the Rodgers Pavilion

SPECIAL PRIZES

PRIZE for Best Entry Open Classes 1-7 donated by Merriwa Pharmacy
PRIZE for Best Entry, Classes 8-14 donated by Tash Holden Communications
PRIZE for Best Entry, Classes 15-21 donated by Tash Holden Communications
PRIZE for Best Entry, Classes 22-30 donated by Mrs D Peebles
PRIZE for Best Entry, Classes 5, 12, 19, 25 and 29 donated by Hebuterne Pastoral
PRIZE for Best Entry, Classes 4, 11, 18 donated by Mrs A Hogan
PRIZE for Most Outstanding Single Exhibit donated by Mrs P Kemp

AWARDS – Five encouragement, Classes 1-30 donated by Meriden Pastoral Co

CONDITIONS OF ENTRY

1. All care and no responsibility will be accepted for the loss or damage of exhibits. It is the responsibility of the exhibitor to collect their exhibits at the end of the show. Organisers take no responsibility for uncollected items
2. All classes are open to amateurs only
3. Entries must be photographed by the Exhibitor and not previously exhibited in the Merriwa PAH and I Association Show
4. Processing and enlargement may be done commercially
5. All prints must be mounted on cardboard or heavy paper with a border of 25mm to 30 mm around the photo on all sides. Only one Photograph per mount. This is to allow for the photographs to be pinned up and numbered. Please ensure that the photo is
   • securely fastened to the cardboard so that they do not fall off whilst being displayed. Any entries presented in mounting board
   • should also be affixed to firm cardboard to prevent the need for tacks to be inserted through the mounting board.
6. Any framed entries will not be hung but displayed flat on a shelf
7. Entry size – maximum 300mm x 400mm
8. Entries MUST be clearly labeled on the back with the Exhibitors name, class it is to be entered in, address, contact phone number
9. Entries incorrectly classified may be reallocated to the correct Class at the committee’s discretion
10. Each entry can only be entered in one section and one class
11. For entries in the DIGITALLY MANIPULATED classes the submitted entry must retain obvious evidence of one or more photographic images that have been taken by the entrant
12. The committee reserves the right not to hang any entry deemed unsuitable for the display and competition
13. The organisers have the right to photograph any exhibits to be used in promoting the show
14. The organisers reserve the right to withhold awarding of a prize if, in the opinion of the judge, no work of a suitable standard has been submitted
15. Digital or film format accepted.

OPEN CLASSES

1. PEOPLE, EVERYDAY MOMENTS
2. EXPLORING PLANET EARTH
3. ANIMALS BEING CLEVER
4. CHALLENGE CLASS: “COLOUR” Keep a narrow focus on colour in your photograph, look for bold, vivid colour, no words, numbers, no nature shot, get close up to the colour. The objective is the colour not the object
5. THE SPIRIT of RURAL LIFE – photograph relating to “HEALTHY SOIL FOR A HEALTHY LIFE – Healthy soils produce healthy crops that in turn nourish people and animals”. 2015 International Year of Soil
6. DIGITALLY MANIPULATED, “SURREAL”
Merriwa Farm Safety Day

The mental health and well-being of our whole community will be top priority at next week’s “Mental Health Makeovers”, feature events of the Merriwa Community Farm Safety Day! Come on down, invite friends and family, for an inspirational and informative evening presented by professional men and family counsellor, Simon Santosha, RAMHP’s Sarah Green and DPI’s Rural Resilience team member, Caroline Hayes. Let’s band together and support positive health goals in our community, learn new skills and simply enjoy a local get-together! Come along to Merriwa showground any time from 5.00pm for a free barbeque followed by our Mental Health programs from 6.30pm to 8.30pm.

From 2.00pm, The Merriwa Farm Safety Day welcomes one and all, farmers, landholders and community members to the Merriwa Showground for Interactive workshop sessions in Farm Vehicle and Quad bike safety, Farm Machinery safe operation and Low Stress Livestock Handling. Find out the latest in Feral Animal control advice from Hunter Local Land Services. Inquire about a free Skin Cancer check and learn about the risks posed by Q-Fever from Hunter New England Health. Visit WorkCover’s stand for results of their latest research and details on how to apply for a $500.00 Small Business Safety Rebate – you may be eligible just by attending!

High school students from across the Upper Hunter and our local primary school students will enjoy farm safety sessions all morning as part of the Merriwa Show Interschool Challenge committee’s commitment to youth education with presentations by Tocal College RTO presenters and our local emergency service groups.

Sustainable and resilient communities and businesses follow best-practice advice and management from the workshop and stock yards right through to their own physical and mental health. Let’s get equipped with the latest advice and skill sets! Overhaul our outlooks and try something new – we might just surprise ourselves!
RYLA is the Rotary Youth Leadership Award scheme. It is an activity with which the Merriwa club has had a long and successful involvement.

Invariably the young people whom we send to RYLA return with glowing reports about a wonderful, stimulating and enjoyable week, far beyond anything they expected.

With the RYLA program, Rotary aims to

• demonstrate Rotary’s respect and concern for youth
• encourage continued and stronger leadership of youth by youth
• provide leadership training experience for young people to assist them to be actively and effectively involved with their communities and their workplace.

RYLA provides applicants with a range of opportunities to learn about, or expand their knowledge in leadership, self-awareness, problem solving and presentation skills.

If the above sounds too much like heavy going, be assured that it is anything but.

Last year our club sponsored Tom Hagley to represent our district at RYLA. Tom told us that it was “the most challenging and enjoyable experience I have had to date”.

This year’s event is scheduled to start on Saturday September 26 and end on Friday October 2, at Tocal College. Applicants must be able to attend the entire program.

RYLA is aimed at the 18-25 age group. Applications close on September 1. but must be with our club by Monday, August 24 to allow time for interviews to be arranged.

Contact Merriwa Rotary president, Col Bates or secretary, Mark Inder if you are interested.

More information can be had on the Internet, Rotary 9670 RYLA.

Mark Smith

Farm Safety Day
Thursday 27th August 2015

FREE Hands-on Workshops
WorkCover $500 Safety Rebate
+
FREE Skin Cancer Checks
Q Fever Testing Advice
+
FREE BBQ & Mental Health Makeover
with Professional Counsellors
including
Simon Santosha

Download the free Merriwa Central School App.
MCS in touch with our community!

Merriwa Ringer
FATHER’S DAY

It is closer than you think!

TV

When you buy a Father’s Day card from our Hallmark range, you will go in the draw to win the TV that is currently being displayed in the window. Every card purchased gives you a chance.

DRONES

These fantastic pieces of modern technology are the perfect gift for Dad. They will appeal to the inner child with the remote controlled devices that flip and fly and hover. Some of them have camera capabilities. They have LED lights and different skill levels. They are also appealing to the techno-whiz-dads who love the latest advances—these are not like any remote control car, boat, plane or helicopter. These drones are a whole new level of sophistication and cool!

BARGAIN

Get dad a novel for Father’s Day. There is a great range of action and thriller novels in store that will appeal to any dad who like an entertaining read. The bargain comes into play as they are only $5.99 each. It gets even better when you buy three and a further discount kicks in!

SUBSCRIBE

Subscribe to dad’s favourite magazine or introduce him to a new one by subscribing in-store. There is no limit to how many issues, there are no lock-in contracts.

GIFT CARDS

If you are sending a card to Dad, or have run out of ideas, we have a great range of Gift Cards available, including BCF, Super Cheap Auto, Red Balloon, and more.

NOW TO THE REST OF SEPTEMBER...

Did you know that Speptember is one of the biggest months for birthdays (as it come nine months after the Christmas Holidays!). It is time to think of something lovely to get that special person and we have the perfect range of jewellery that will fit the bill perfectly.

SWAROVSKI

This range of earrings is nickel-free which make them great for those with sensitive skin. They are available in many different colours and we have different sizes available.

STATEMENT PIECES

Our range of necklaces are perfect for those who like to make a statement with their jewellery, with unique pieces in different colours, there is something for everyone.

FACEBOOK

Check out the Merriwa NewsXpress page for pics of the latest additions in our range today!

PHONECARDS: all cards are now available including Telstra, Optus and Vodaphone

Cash or Eftpos only

Dr Noman Jawaad Medical Practice

WE ARE OPEN FIVE DAYS A WEEK

Our hours currently are:
8.00am – 6.00pm
Monday to Friday
For all appointment please phone 6532 5013.

Dr Cho Oo Maung

Spice Grill Merriwa

ROYALLY FOR ROYALS

After a year of research for presenting the best of India, Spice Grill - Merriwa proudly introduces the best and the ultra delicious Kathi Roll from the Royal Cuisine of India.

HISTORY OF KATHI ROLL

Kati roll is A Royal food originating from Kolkata Former Capital of India. Its original form was a Kati Kabab enclosed in a paratha, The Kati Roll is said to have started its life from a Mughal’s Era Restaurant in Kolkata, a very popular eatery founded in 1832 that sold kebabs and parathas and other Mughlai food in the heart of Kolkata. There are many stories about how exactly the roll got started. Some centre around harried office commuters who wanted something quick and portable, some mention British Babus (English Officers) who were too fastidious to touch the
kabab. The most likely origin is probably more mundane, but in any case someone decided to roll things up at some point.

**WHAT IS A KATHI ROLL?**

Traditionally, a Kati Roll is a Kati Kabab wrapped in a layered paratha. The paratha is typically dough that is kneaded into a rope, then coiled into a round patty. This is then flattened with a rolling pin and partly fried in oil on a tawa. These semi-cooked parathas are then kept aside till needed, at which time they’re put back on the tawa and cooked through. If an egg is to be added, it is usually cracked into the tawa and the paratha put on top of the egg; they both cook together and the paratha gets coated on one side with the egg.

Kati Kababs are chicken or mutton chunks marinated in Aromatic Spices and cooked either on skewers (the “kati”) over coals in a sigri or on a Tawa(Grill). When the roll is being prepared, these are taken off the skewers and tossed with onions, Garlic, sauces and Herbs in the tawa (Grill).

In today’s busy scheduled life, this is the most desirable food with outstanding flavor.

The Rolls we have on offer are:
1. Chicken Kathi Roll
2. Lamb Kathi Roll

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**La Scaletta**

La Scaletta wishes to advise the community that its doors will be closed for a period due to personal reasons.

We will still be available for organised functions and this can be organised by contacting Robert on 0419 252 257.

We are sorry for any inconvenience that this has caused.

**Robert Marchese**

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**Merriwa Surgery**

**Dr Emad Jasem**

For all your medical needs
Opening hours
Monday to Friday 8.30am to 6.00pm
Saturday by arrangement
For bookings please call the surgery on 6548 2305.

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**Merriwa Pharmacy**

**PREVENTING FALLS AND BRAIN INJURY**

Soon you may notice people walking around wearing distinctive bright blue beanies. Those people are joining BANGONABEANIE – a national campaign to raise awareness for Brain Injury Awareness Week, which runs from 17–23 August 2015.

The objective of Brain Injury Awareness Week is to increase education and awareness of brain injury, raise funds, and develop sustainable and mutually-beneficial partnerships with related organisations across the country.

Brain injury is common, affecting over 1 in 12 Australians, often with no visible signs that they are experiencing ongoing issues. While the outcome of the injury depends largely on the nature and severity of the injury itself, appropriate treatment plays a vital role in the level of recovery.

The terms ‘head injury’ and ‘acquired brain injury’ (ABI), are widely used to describe all types of brain damage which occur after birth (with the exception of foetal alcohol spectrum disorder – FASD).

ABI is a complex and individual condition. The damage can be caused through a variety of reasons including accident or trauma, stroke or other cardiovascular disease, alcohol or drug abuse. It can also occur through diseases of the brain, such as Parkinson’s disease, multiple sclerosis (MS), and dementia. ABI is distinct from intellectual disability. People with a brain injury may have difficulty controlling, coordinating and communicating their thoughts and actions but generally retain their intellectual abilities.

One of the biggest causes of ABI is accident or trauma – known as traumatic brain injury (TBI). Such injuries are the result of a blow to the head or other external force. While traffic accidents, sports injuries and assault account for some of these cases, a significant number of these injuries are caused by falls.

Falls are the most common accidents among older people. Changes to eyesight and balance, weaker muscles, stiff joints and slow reflexes can make people unsteady as they age. This can increase the many tripping hazards at home and in public places. It is important to ensure you have good lighting, wear supportive, non-slippery footwear and consider putting handrails around your home. Regular exercise at a moderate level on all or most days of the week is also important to improve flexibility, balance and muscle strength.
As always, prevention is better than cure.

Certain medical conditions or medicines can also increase the risk of having a fall. There is a higher risk of falls when taking multiple medicines, starting a new medicine, or changing the dose of your medicine. Your pharmacist can help to identify medicine-related problems and provide advice on how to reduce or avoid side effects.

To reduce the chances of having a fall:
- manage your medicines and medical conditions carefully
- understand the effects of your medicines
- move carefully – don’t rush
- exercise regularly
- wear supportive shoes
- keep your home environment safe
- ask for help if you feel unsteady
- limit alcohol intake.

Falls are a major cause of brain injury and preventing falls is an important health consideration. Your pharmacist can provide information on medical conditions, medicine side effects, mobility aids and other products which may assist in preventing falls. You can get more detailed information on preventing falls from the Self Care Fact Card titled Preventing falls available from Merriwa Pharmacy.

Local Lands Services

MANAGING PASTURES SYSTEMS IN A VARIABLE CLIMATE

Landholders can access the latest expert advice on managing pasture systems in a variable climate, at a free field day at Scone TAFE on Friday, August 28.

Hunter LLS Land Services Officer Sarah Giblin said the field day would include presentations from industry experts on pasture varieties, cereal selection and management.

‘Managing livestock in our varying climate can be helped by flexible, proactive pasture management, which assists feed budgeting to meet market criteria,’ Ms Giblin said.

‘Matthew Monk from the Sundown Pastoral Company will be discussing improving water use efficiency in high performance pasture systems to achieve the most kilograms of beef per hectare,’ Ms Giblin said.

‘Frank McRae from Auswest Seeds is giving a presentation on selecting the right cereal for your system and the management required to achieve maximum production and return on investment.’

The field day includes a farm tour (bus provided) of numerous trial sites in the Aberdeen area including:
- PGG Wrightson Trial Site (Fescue, Cocksfoot and Phalaris varieties)
- Auswest Seeds Trial Site (Cereal and Lucerne varieties)
- Mediterranean Fescue Paddock
- Phalaris Paddock

‘Daniel Clydsdale from AusWest Seeds will explain how these pasture varieties can be incorporated into a productive farming system,’ Ms Gilbin said.

‘Local Land Services staff will also be present to provide independent advice.’

The field day starts at 9.00am and finishes at 4.00pm. Morning tea and lunch are provided. To book, visit the Hunter LLS website: www.lls.nsw.gov.au/hunter.

The field day is hosted by Hunter LLS and supported by the NSW Grassland Society and AusWest Seeds.

Jillian Ayre
Photography Competition

Entries close:

CLOSING DATE -
SEPTEMBER 7 - NOON

Topic for the month is:

THE HORSES BIRTHDAY

The winning photo will receive a prize to the value of $50.00 from the monthly sponsor and this month it is sponsored by:

MERRIWA TYRE AND SERVICE CENTRE

PUBLISHED IN THE RINGER ON:

SEPTEMBER 10

The competition is open to amateur photographers of all ages.

Merriwa is a community that hosts many horse sporting events and in the next few weeks many of these events will be held, what a great opportunity to capture that great shot of a horse and rider in motion.

Email your photos to merriwa2-c.school@det.nsw.edu.au.
<table>
<thead>
<tr>
<th>Merriwa Ringer Directory</th>
<th>A quick reference guide to all that support the Merriwa Ringer</th>
</tr>
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<td>0498 378 500</td>
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<tr>
<td>Merriwa Touch Football</td>
<td>0447 219 193</td>
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<td>Merriwa Tourist Welcoming Centre and Mens Shed</td>
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<td>Mortgage Choice</td>
<td>0408 480 562</td>
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<td>Non Emergency Medical Transport</td>
<td>6548 2653</td>
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<td>NSW Farmers Association</td>
<td>0455 455 760</td>
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<td>PT Pest Control</td>
<td>0428 482 332</td>
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<td>R and M Moore Property and Livestock</td>
<td>0427 153 446</td>
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<td>Rockwell Livestock</td>
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<td>Sandy Hollow Public School</td>
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<td>Scott Witton Building</td>
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<td>Sporting Shooters Association</td>
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<td>Upper Hunter Shire Council</td>
<td>6521 7000</td>
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<td>Upper Hunter Weeds</td>
<td>6549 3802</td>
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<td>Welderup</td>
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**Emergency Services**

In case of emergency call 000 or 112 from mobile services

<table>
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<td>Police (Admin only)</td>
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<tr>
<td>Police Mobile</td>
<td>0408 293 423</td>
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<tr>
<td>Police Assistance</td>
<td>131 444</td>
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<tr>
<td>Fire (Admin only)</td>
<td>6548 2005</td>
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<tr>
<td>Hospital -MPS</td>
<td>6532 5000</td>
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<tr>
<td>Rural Fire Service</td>
<td>1800 081 166</td>
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<tr>
<td>SES Emergency</td>
<td>132 500</td>
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<tr>
<td>Merriwa Rescue Squad</td>
<td>6548 2538</td>
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<tr>
<td>Dr Noman Jawaad</td>
<td>6532 5013</td>
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<tr>
<td>Merriwa Surgery - Dr Emad Jasem</td>
<td>6548 2305</td>
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Support the Ringer regularly but can’t find your business? Contact Tina on 6548 2119.
Photography Tips

Don’t forget to get your photos in for this month’s Photography competition. In last week’s edition of the Merriwa Ringer we touched base on 1) Using a long lens, 2) Using a fast shutter speed and 3) Having a helper. This week’s tips are for those that have access to a horse, to help photograph their horse.

1. Get down. Your lens should be at the mid-shoulder of the horse. Any higher than that, and the animal’s legs will look short. If you’re too low, the legs will appear long—really long. I wear gel kneepads so I can move quickly without hurting myself.

2. Start with a groomed horse. Make sure the owner understands the horse has to be clean, clipped, brushed, braided (if appropriate), feet painted, and ready to go when you show up. Use Show Sheen and lots of it, except where the saddle or person will sit—you don’t want anyone slipping and sliding.

3. Get the ears up. Lazy ears or ears back in irritation will kill the image for the owner. One ear back can show engagement with the owner, but it needs to be the ear next to the person who’s in the frame.

Make sure the ears are up and forward. Lazy ears can ruin the overall image.

4. Say no to nylon halters. Yes, they may be in the barn colors, but the attention is supposed to be on the horse and owner, not on a brightly colored halter. If the owner doesn’t have a leather halter and lead on hand, put a clean bridle on the horse: It shows more of the face anyway. A clean leather halter with the horse’s name will add meaning to the image.

Tina Taylor
Pool Attendant - Casual, Merriwa

The Role: Council is seeking an enthusiastic and motivated individual to undertake the above position. The primary role of this position is to undertake the day to day operations of the Merriwa pool complex in an efficient and effective manner and to promote the pool as a healthy, friendly and hygienic facility.

What you will need: All applicants will ideally have a Pool Lifeguard or Pool Attendant qualification and a current Royal Lifesaving Bronze Medallion or equivalent. A basic knowledge of pool supervision, water safety, first aid, resuscitation and rescue techniques and public safety requirements is highly desirable.

Salary Range: $877.80 - $983.10 per 38 hour week, plus 25% casual loading, in accordance with Council’s salary system. Other conditions are in accordance with the Local Government (State) Award and Council’s policies and procedures.

Closing Date: 4pm on Monday 24 August 2015.

How to Apply: Visit the positions vacant section on Council’s website www.upperhunter.nsw.gov.au

Upper Hunter Shire Council is a smoke free workplace and an EEO employer. Drug and alcohol testing is a condition of employment.

EMERGENCY CONTACTS

If you need assistance from

Ambulance - Police - Fire

including Hazardous Incidents

DIAL 000

Merriwa Phone Numbers

Police (Administration Only) 6548 2203
Police Mobile 0408 293 423
Police Assistance Line 131 444

When reporting an incident to the Police, always request and record your Incident Reference Number

Fire Brigade (Administration only) 6548 2005
Hospital 6532 5000
Rural Fire Service (Administration and Duty Officer) 1800 081 166
SES Emergency Number 132 500
Merriwa Rescue Squad 6548 2538

Pool Attendant - Casual, Merriwa

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**MERIWA PRE-SCHOOL & ACTIVITY CENTRE**

Pre-School is for 2 – 5 year olds  
Open Monday – Friday 9am – 3pm  
Ph: 02 65 482 083  
Email: merriwapreschool@bigpond.com.au

**MERIWA Auto Electrical**

Michael & Sally  
All Types of Auto Electrical & Air Conditioning Repairs  
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30 Bow St, Merriwa 2329  
merriwa.bp@gmail.com

**Merriva Braks & District Council**

* A strong and united voice for our members on issues that affect their business, farms and families.

President - Patrick Ryan  
0429 485 093  
Secretary/Treasurer - Allen Hogan  
6548 653 759

www.nswarorg.org.au

**newsXpress & OFFICESMART AGENT**

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mwanews@bigpond.com  
www.merriwanewsagency.com.au

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Supporting Local  
Employing Local  
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**Di’s Clothing Patch**

Clothing and Footwear for all the family  
Mens and Ladies clothing  
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Shoes and joggers  
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Handbags and Luggage  
Bed Linen, Quilts and Towels  
Hi Vis Work Wear, Boots and Hats  
Digitised Embroidery Service  
Names and Logos  
For clothing, Caps, Towels  
School Items and Work Place Uniforms

Quality Clothing Friendly Service Affordable Prices  
Phone: 6548 3023

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Barley Stubble Hay  
Round and Small Bales available  
Ring Darryl on  
0429 485 168

**Di’s Clothing Patch**

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Fashion Jewellery and Accessories  
Handbags and Luggage  
Bed Linen, Quilts and Towels  
Hi Vis Work Wear, Boots and Hats  
Digitised Embroidery Service  
Names and Logos  
For clothing, Caps, Towels  
School Items and Work Place Uniforms

Quality Clothing Friendly Service Affordable Prices  
Phone: 6548 3023

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Mens and Ladies clothing  
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**Merriwa**

District Education Foundation  
President - Ivan Gant  
6376 1044  
Secretary - Jane Hegarty  
6376 1052  
Treasurer - Lesley Nixon  
0407 627 846

Education changes lives. And families. And communities.  
Our work is an investment in the future of rural and regional Australia.

**Merriwa**

District Education Foundation  
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0407 627 846

Education changes lives. And families. And communities.  
Our work is an investment in the future of rural and regional Australia.
2015 ROSTO OLIVES
MERRIWA FESTIVAL OF THE FLEECES
CELEBRATING 25 YEARS
SATURDAY 6 JUNE 2015
A Family & Community focused event.
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email: lgarment@upperhunter.nsw.gov.au
NEIL HUNT 6548 2025

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Paint Supplies

Ph: 6548 2500 – Fax: 6548 3049 – Mob: 0407 488 560
29 Blaxland Street, Merriwa 2329
Email sales: Justin@welderup.com.au
Email accounts: accounts@welderup.com.au
Web: www.welderup.com.au

MERRIWA SSAA & APA
Range facilities and Fire arm testing available
President: Nathan Telfer
Secretary: Phil Martyn
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Shooting weekends 2nd and 4th weekend of the month

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Indian and Australian Cuisine Breakfast, Lunch and Dinner every day
Call for an order on 6548 2255

Custom Made Kitchens
Kitchen – Wardrobes – Vanity Units – Wall Units
Bench tops from timber, Laminated, S/Steel, Caesar Stone or Granite. Doors from Melamine, timber or Polyurethane
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Wills and Estates
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MUSWELLBROOK NSW 2333

86 Bettington Street
MERRIWA NSW 2329

Muswellbrook 02 6543 2433
Merriwa 02 6548 2205

Muswellbrook
Page 32
DYSLEXIA OR LEARNING DIFFICULTIES?
Some children experience reading and learning difficulties as a result of visual perception problems caused by:

Irlen Syndrome/Scotopic Sensitivity
Irlen Syndrome can cause Dysthesia and difficulties with:

- Reading
- Spelling
- Writing
- Comprehension
- Concentration
- Ball Sports
- Fatigue
- Eye Strain
- Headaches

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www.test-tag-services.com

Merriwa Central School
P & C Association
President: Jayne Cronin
Senior Vice: Christine Riley
Junior Vice: Yvonne McNaught
Secretary: Gaynor Blackadder
Treasurer: Anna Whaley
Meets the first Wednesday of each Month at 7pm,
Merriwa RSL Club

St Davids
Uniting Church
Vennacher Street
Merriwa
Service Times
1st, 2nd, 4th and 5th Sundays at 11.00am
3rd Sunday at 6.00pm
Contact
Pastor Ross Neville - 6545 1396
Pastor Richard Moors - 6543 1168
Peter Campbell - 6548 5126

SANDY HOLLOW
PUBLIC SCHOOL

Primary Campus: 6548 2101
Secondary Campus
6548 2119
merriwa-c.school@det.nsw.edu.au
www.merriwa-c.schools.nsw.edu.au

Merriwa Central School

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After Hours: 02 6548 2332
Email: merriwapete94@gmail.com
7 Bow Street MERRIWA NSW 2329

Ph: 6548 2213

Merriwa Pharmacy
Opening Hours
Monday 9am – 5:30pm
Tuesday 9am – 5:30pm
Wednesday 9am – 5:30pm
Thursday 9am – 5:30pm
Friday 9am – 5:30pm
Saturday 9am – 12 noon

Catholic Parish
Merriwa & Cassilis

WEEKEND MASSES
St Anne’s Merriwa
1st, 3rd & 5th Sunday - Sat 6.00pm
2nd & 4th Sunday - Sun 8.30am
St Joseph’s Cassilis
2nd & 4th Sunday - 10.00am

Parish Priest - 6548 2086
St Vincent de Paul - 6548 3092

St Joseph’s Primary School
Merriwa
A rich learning environment in a friendly Christian atmosphere
All enquiries welcome
Principal - Helen Whale
Ph 6548 2035
P&P President - Demol Shannon
Ph 6548 2996

Cassilis Public School
Schools

Relieving Principal: Jeanette Grinham
Coolah Road
Ph: 63761009
Cassilis NSW 2329
Fax: 63761005
cassilis-p.school@det.nsw.edu.au
www.cassilis-p.school.nsw.edu.au

Merriwa Ringer

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MERRIWA NSW 2329
PHONE: 65482078 FAX: 65482063
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PRODUCTS
*COPPER TYRES* MICKEY
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6548 2042

MERRIWA RACES
Race Day for 2016 is
April 23
Race Club President -
David Alker
Contact - 0427 482 095
Vice Presidents - Peter
Bishop and Paul Frampton

Peter & F President - Dermot Shannon

La Scouletta
PIZZERIA
Traditional Wood fired pizza
Closed due to
Personal Reasons
We are still available for
organised functions
Robert 0419 252 257
robert.mercelse@bigpond.com

Merriwa Ringer
Page 33
Merriwa District Progress Association Inc
SUPPORT THE ORGANISATION WHICH SUPPORTS YOUR COMMUNITY
Meets every 4th Wednesday at Merriwa RSL at 6:00 pm
Phone Kim on 6548 3060
Or Beron on 6548 2245

Merriwa Rugby League Football Club
President – Mark Kirkland
Sr Vice President – Seth Morgan
Jnr Vice President – Justine Witney

Merriwa Touch Football
Wednesday Nights
Junior and Senior Comp
President: Tina Taylor
Senior Vice President: Trent Cooper
Secretary: Barbara Eipper
Treasurer: Ainsley Mayben
For more information contact 6548 2124 after hours.

Merriwa Ringer
MEETING TIMES:
Meet the 4th Thursday of each month
Visitors are always welcome
Enquiries to:
President: Julie Smith - 0429 197 397
Secretary: Elaine Sparrow - 6548 8560
Supporting the Smith Family

Merriwa Tourist Welcoming Centre & Men’s Shed
Arts, Crafts, Farm Produce!
Clean toilets!
CENTRE: Open every day
9.30am - 2.30pm
MEN’S SHED: Every Thursday
10.00am onwards
President: J Alker
Secretary: E Shipway
Telephone: 6548 3201

Merriwa Healthy Environment Group Inc
CARING FOR OUR LAND, OUR WATER AND THE AIR WE BREATHE
Contact: Graham Brown 6547 6048
Ted Finnie 6548 5171
Visit: www.merriwa.nsw.au Clubs and Groups

Merriwa Sport Club Ltd 6548 2028
Golf, Bowls, Squash, Putt Putt, Darts, Pool, RTM and Club Keno
Opening Times:
*Monday & Tuesday - 4pm *Wednesday - Sunday - 12pm
Thursday Night: 7.00pm Bingo
Friday: 5.00pm - 7.00pm: Happy Hours and Free snaffles
Saturday: 7.45pm: Horserace raffles and members’ badge draw.
Sunday: 5.00pm: Meat voucher raffle and members’ badge draw.

Merriwa Pony Club
Established in 1946
Rally Day - Second Sunday of each month
President: Clare Martin - 6548 2201
Secretary: Christine Sparrow - 0427 412 128
Treasurer: Yvonne McNaught - 6548 2842
Merriwa, the birthplace of Pony Club.....

Merriwa Bushman’s Campdraft Est. 1947
President: Roger Moore
0427 153 446
Secretary: Megan Richards
0427 437 743
3 to 5 October 2015
Merriwa No.1 Oval
Merriwa Ringer’s Campdraft is a great event, always well attended. It’s a great way to spend a day at the pub with some friendly rivalry. Make sure you get along and support your local clubs.

Wish to Sponsor the Merriwa Ringer?
Sponsorship letters will be sent out for Term four in coming weeks, please let us know if you are interested in coming on board.
6548 2119

Merriwa Rally Day - Second Sunday of each month
President: Clare Martin - 6548 2201
Secretary: Christine Sparrow - 0427 412 128
Treasurer: Yvonne McNaught - 6548 2842
Merriwa, the birthplace of Pony Club.....

Merriwa Springtime Show
18, 19 & 20 September
PH: 6376 1002
Open every day 5pm
www.merriwashow.com.au

Merriwa Touch Football
Wednesday Nights
Junior and Senior Comp
President: Tina Taylor
Senior Vice President: Trent Cooper
Secretary: Barbara Eipper
Treasurer: Ainsley Mayben
For more information contact 6548 2124 after hours.

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Merriwa Ringer
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Merriwa Sports Club

The Sports Club provides a wide range of benefits for members and guests.

Mondays - Happy Two Hour - 4.00pm to 6.00pm

Tuesdays - Rotary meets - 7.00pm for 7.30pm

Thursdays - 6.00pm Bingo - Prizes of club and meat vouchers. Raffle and Super 39 special prize

Fridays - Happy Two Hour - 5.00pm to 7.00pm, free raffles and Chook Wheel.

Saturdays - Monster Raffle. Tickets on sale at 6.00pm drawn 7.00pm, winners jackpot, dinner draw and Saturday Badge Draw.

Sundays - Members badge draw plus three raffles choice of $25.00 meat or fuel vouchers

Last Sunday each month - Smorgasbord all you can eat Chinese entree, mains and desserts.

Casual Bowls and Golf also available. Donations in honesty box.

Chinese/Australian restaurant open for lunch Wednesday to Sunday, 12 noon to 2.00pm. Dinner Tuesday to Sunday 5.00pm to 8.30pm. Closed Mondays, reopen 5.00pm Tuesday.

For bookings and take away - telephone 6548 3228.

PLEASE NOTE: The restaurant hours in the evening are now 5.00pm until 8.30pm.

DON’T FORGET CHINESE SMORGASBORD SUNDAY AUGUST 30

WEEKEND RESULTS

Saturday Raffle August 15
Saturday members draw no 220, not won – next week $350.00

Winners Jackpot not won - next week $150.00

Dinner: Brian Cooper
Bowls Raffle: Jeff Cronin
Free Tickets: Ken Bevan

PLEASE NOTE: Saturday raffle tickets on sale from 6.00pm and drawn at 7.00pm during winter months.

Sunday Raffle August 16
Sunday members draw - No 52, was not won. Next week $900.00.

Raising Funds for Brad Cox while enjoying a night out at the Club

“The Reason Being” versatile vocalist and musician will be appearing at the Club for your enjoyment on Saturday September 5 at 6.00pm. Come along and enjoy a friendly night out. BYO supper or enjoy a snack from the Chinese Restaurant. Proceeds from the night will aid local boy 12 year old Brad Cox on his road to recovery. Brad is suffering from leukaemia and has recently undergone a bone marrow transplant lovingly donated by his sister Tara. All welcome.

RAISING FUNDS FOR BRAD COX WHILE ENJOYING A NIGHT OUT AT THE CLUB

SUNDAY AFTERNOON EUCHRE

Join us for a friendly game of euchre each Sunday afternoon at 3.00pm.

Julie Smith

Cassilis Bowling Club

FRIDAY NIGHT SNACK BAR

Affordable family meals.
Saturday afternoons are free pool and music afternoons from 2.00pm-5.00pm – ½ price drinks plus bar snacks.

Hilary Parker
The Members Lucky Badge for $1100.00 was not won on Friday at 8.30pm the number was 250, this week it jackpots to $1150.00. The 7.00pm draw for $360.00 was not won the number was 583, this week it jackpots to $380.00. The 9.00pm draw for $280.00 was not won the number was 334, this week it jackpots to $300.00. LTPS/14/04323

COMING EVENTS
Social Darts
Starting the first Monday of September social darts 7.00pm in the games room, all welcome to play.

Introducing ‘T-Bone Tuesday’
Every Tuesday you can now order a T-Bone, chips and salad or veg for just $15.00.
Also every Thursday have a chicken schnitzel, chips and salad or veg for just $12.50.
New to our menu - Wagyu burger.

WHAT’S HAPPENING IN THE CLUB
HAPPY HOUR IS BACK - Friday 6.00pm to 7.00pm and Sunday 11.00am to 12.00noon, $3.00 schooners and $2.00 middies, and $5.00 Coronas.
Bistro hours of an evening change this Friday to 5.30pm to 8.30pm, and 5.30pm to 8.00pm Saturday to Thursday.

Matt Morgan
starting very early, is something you have to get used to, and having eleven and twelve year olds to make up our numbers, makes the going tough at times. To their credit this team gets a 100% training effort with most players turning up every week at training, and certainly doing the yards to become fit and ready for game days. Well done team and well done to the training staff.

The Welderup Under 16’s team travelled to Croudace Bay on Saturday and competed in the Preliminary Semis against Lakes United. It was a close game but a very gutsy effort by our boys who reportedly ‘played their hearts out’ and certainly made people stand up and notice us. Well done boys, you may have played your last game for the season but you played it with pride and determination and with 110% effort. Thanks to our coaching staff of the 16’s for your effort throughout the season.

LOTS of thanks to all our sponsors for this year. Major sponsor Merriwa Sports Club, jersey sponsors Rockwell Livestock and Property, Kingslyn, Welderup, Rosto Olives, Merriwa RSL and our shorts and sleeve sponsors Merriwa Newsagents, Williams Concrete, Morgans Maintenance, Wayne Smith Automotives, Merriwa Cakes and Café, and Max’s Country Cuts. We appreciate the support you have given our club in the past three years.

Don’t forget if you wish to become a sponsor for the seasons 2016 to 2018 we need your name by Monday August 24 as we go to print for our new jerseys, shorts etc at the end of August and you will have missed the boat. Once printing has started we cannot add any others. If you wish to sponsor our kids and club please ring Elaine with a bit of haste. Any contact can be made by calling 6548 8560.

John and Elaine Sparrow

ROSTO UNDER 7’S

The Under 7’s travelled to Singleton and took on a quick and determined Singleton side. The little Magpies gave a good effort, considering our six boys (including two borrowed players from Singleton) were playing against eight for the first two thirds of the game but once the sides were evened up the game became a little less one-sided.

Kallum made some excellent runs, breaking through the Singleton defence a few times and came close to scoring a try late in the game.

Jack brought his tackling game and his runs were phenomenal and quick.

Matt’s confidence is getting better every game.

GOOD runs this week and always helping in tackles when he can.

Nate made some good runs and held on well when making tackles.

Overall the boys played well this week.

Well done boys.

Jade Redman

KINGSLYN UNDER 8’S

On Saturday, the Under 8’s travelled to Singleton where they took on Singleton. Three Aberdeen boys came and played with the Under 8’s, which will hopefully continue until the season finishes, and they played one of the best games I’ve seen them play. Everyone got in and played some good footy. Jackson ran extremely well, made some great tackles and scored one try. Toby filling his position of first receiver, organised everyone’s run, ran well himself, always tackled and scored two tries, even converting one of his tries. Maddison ran well and wasn’t afraid to get in and tackle either. Harry played very well, scoring four tries and kicking a goal, he also made some great tackles as well. Duncan never gave up in his runs, always moving forward. In the end, the 8s scored seven tries, while Singleton scored five. Good work guys.

Player of the Match went to Jackson. For a couple of games before, Jackson was pretty quiet on the field, however he stepped up on the weekend and played extremely well. He made some great runs, where he ran straight through the middle of Singletons line and scored. He made some great tackles as well. Duncan never gave up in his runs, always moving forward. In the end, the 8s scored seven tries, while Singleton scored five. Good work guys.

John Cronin
SPRING NIGHT COMPETITION

The Merriwa Tennis Club Spring Night Competition is commencing soon.

Competition is played on a Monday Night from 6.30pm and usually finishes around 8.30pm.

Nominate as a team of four (two ladies and two gentlemen) or nominate as a pair or single and we will fit you into a team.

Nominations may be made at Merriwa Pharmacy or by e-mailing merriwatennis@gmail.com.

Robert Smith

My apologies for my error in last week’s footy report. Jessyca Morgan was the try scorer in the last game not Kate as I stated. Sorry Jessyca.

PRESENTATION NIGHT

When: Saturday October 3
Time: 6.00pm for 6.30pm start
Cost: $25.00 each or two for $45.00

Includes finger food and main meal.

The club will have a DJ following the presentation.

Players and 15 years + (under 18’s with a responsible adult) welcome.

Tickets to be purchased by September 25 from Merriwa RSL Club. Tickets go on sale as of August 31.

Gaynor Blackadder

KINGSLYN UNDER 9’S

The Under 9’s played against Singleton last weekend. With all the excitement of playing on a mod field for the first time the kids all turned up extra early and very eager to get out there on the field. Having to fill a field of eleven players plus bench players we were able to join forces with Aberdeen Under 9’s and will continue to join for the remaining three games. The two team’s gelled together well and played an amazing game of rugby league.

Thomas excelled at dummy half with some quick passes and speedy runs, Brooklyn was hard to stop with her weaving tactics in attack and put in some hard work to tackle the Singleton boys, David once again had a terrific game putting in 100% the whole time he was out there. Clayton and Jack did some tremendous runs up the middle of the field making it hard for the opposition to stop them and Riley was non stop trying his hardest, made some terrific runs and had that dead set determination to catch who ever had the ball when he was defending. Tyrrell has been missing in action for a fair few games but made up for his absence with a really good game and Jyeson and Dylan were incredibly busy throughout the game defending like crazy and causing havoc when they ran the ball. Our main two kicker’s were Dylan and Charlie (from Aberdeen) who did a fantastic job at reading the defence and placing their kicks where they wanted the ball to go. Player of the Match went to Jyeson who put 100% into the game. Tries went to Dylan x two and one each to Jyeson and Thomas.

Well done boys and girls of the Merrideen Under 9’s.

Next week we play at Muswellbrook and will be wearing Aberdeen colours. Good luck guys.

Belinda Keane

Merriwa Rugby League Club

My apologies for my error in last week’s footy report. Jessyca Morgan was the try scorer in the last game not Kate as I stated. Sorry Jessyca.

Ringer Deadline!

Please remember to place your articles and advertisements into the **Merriwa Ringer** by 12.00 noon Mondays.
Merriwa Touch Football Club

Merriwa Touch Football held another meeting in hope to fill all positions to allow the 2015-2016 season to commence.

Positions are listed below:

- **President** - Trent Cooper
- **Vice President** - Unfilled
- **Secretary** - Barbra Eipper and Tina Taylor (temporarily)
- **Treasurer** - Ainsley Mayben
- **Registrar** - Not filled (will be covered by treasurer and secretaries until filled)
- **Publicity Officer** - Tina Taylor
- **Junior Coordinator** - Kate Blackadder
- **Junior Coaches** - John Cronin and Jake Barry
- **Groundsman** - Andrew Taylor
- **General Committee** - Cassie Porter and Seabird
- **Referee Coordinator** - Unfilled

With this in mind, the committee have decided to commence with the season. The registration packs will be ready for pick up from Max’s Country Cuts only from Monday August 31. These are to be COMPLETED, money collected and all forms filled out and returned on one of the two registration days (we will also be trialling online payments so watch this space for how to do that in coming weeks. Team information will still have to be handed in on these dates even if payments have been made online). These dates are: September 9 and September 16 at 4.00pm-5.00pm at the canteen of the Merriwa Sports grounds.

The same rules apply this year as last year when organising your team and the details will be mentioned in the packs that are collected.

Referees are needed for the coming season and again will be paid for their services (same rules as last year). If you wish to be a referee, please contact Tina on 0447 219 193 to leave your name. Without names the competition will not go ahead and these need to be received BEFORE the last registration night which will be September 16 at 5.00pm.

**CHANGES TO THIS SEASON**

- This year each team will nominate a team member to attend the committee meetings held bi-monthly on October 6, December 8 and February 9 at 6.00pm at the Merriwa Sports Club. Any team not represented will lose two game points. This is only three meetings (unless a special meeting is called). Team representative must be over 18 years of age
- Each team will be asked to put forward one person to man the time table each week and it will be added to the roster, this is to ensure that the committee have assistance each week (more information in coming weeks)
- Teams playing the last game of the night will be asked to make sure the oval is left tidy before leaving (picking up bottles, rubbish and sports equipment to help out)
- Two games will be added to the draw to allow for two games of mixed AusTag. This will be set up the same as our mixed games in the 2014-15 season and will allow people to get a feel for the game of AusTag. Only registered players can play in these games and must be a part of the senior competition (more information in coming weeks).

**PRICING**

Pricing for the season will be:

- Seniors competition - $65.00
- Juniors $35.00.

So with this in mind:

- Registration packs will be out August 31
- Registration Days will be September 9 and 16
- Merriwa Touch will kick off on October 7 at 5.00pm.

Please let one of the committee know if you are keen to assist, all help is greatly appreciated and without more support the Touch seasons will again fold.

Tina Taylor
## AUGUST

<table>
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<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>Thursday 20</td>
<td>Equine Nutrition Seminar - Merriwa RSL Club - 6.00pm to 7.00pm</td>
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<tr>
<td>Friday 28</td>
<td>Messy Church - Parish Hall - 3.30pm</td>
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## SEPTEMBER

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<th>Date</th>
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<tr>
<td>Friday 18</td>
<td>Merriwa Springtime Show</td>
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<tr>
<td>Saturday 19</td>
<td>Men’s Breakfast - Parish Hall - 7.30am</td>
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<tr>
<td>Sunday 20</td>
<td>Merriwa Springtime Show</td>
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<tr>
<td>Friday 25</td>
<td>Messy Church - Parish Hall - 3.30pm</td>
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## OCTOBER

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<th>Date</th>
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<tr>
<td>Saturday 3</td>
<td>Merriwa Campdraft - rescheduled date</td>
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<td>Sunday 4</td>
<td>Merriwa Campdraft - rescheduled date</td>
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<tr>
<td>Monday 5</td>
<td>Merriwa Campdraft - rescheduled date</td>
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Send your calendar information in before 12 noon Mondays to merriwa2-c.school@det.nsw.edu.au

If you would like your event included in the community calendar, wish to claim a date or interested in placing an advert in the Ringer?

Contact Tina Taylor on 6548 2119.

The Merriwa Ringer - Merriwa’s only not-for-profit newsletter servicing the community for 25 years.

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### Community Calendar

#### School News
- Principal’s Report
- Merriwa Central School
- Coming Events
- Primary News
- Secondary News
- Principal’s Report
- St Joseph’s
- Sandy Hollow
- Cooking with CWA
- Anglican News

#### Community Notice Board
- Merriwa CWA
- Merriwa RSL Club Sub Branch
- Legacy Week
- Merriwa Progress Association
- Free Equine Nutrition Seminar
- Community Notice Board
- Merriwa Markets
- Merriwa VIEW Club
- Thank You
- Merriwa Hospital Auxiliary
- Merriwa Cricket Club
- Gummun Place Friendship Morning Tea
- Samaritan’s Christmas Boxes
- Merriwa Anglican Guild Ladies
- Soccer Skills for Kids
- Catholic Gathering
- Merriwa Springtime Show
- Merriwa Farm Safety Day
- Merriwa Rotary

#### Business
- Merriwa Newsagency
- Dr Noman Jawaad Medical Practice
- Spice Grill Merriwa
- La Scalaletta
- Merriwa Surgery
- Merriwa Pharmacy
- Local Lands Services
- Photography Tips

#### Clubs
- Merriwa Sports Club
- Cassilis Bowling Club
- Merriwa RSL Club

#### Sporting
- Merriwa Junior Rugby League and Netball Club
- Merriwa Tennis Club
- Merriwa Rugby League Club
- Merriwa Touch Football Club

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The Merriwa Ringer is proudly published by MERRIWA CENTRAL SCHOOL

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Email: merriwa2-c.school@det.nsw.edu.au
Web: www.merriwa-c.schools.nsw.edu.au
ALL MATERIAL DUE 12 noon MONDAYS

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