WHAT’S NEWS?

PLUS
MCS Students prepare their HSC works
Bofor Gun readies for repairs

Working Bee a huge success
Student of the Week
Photo Competition

Markets celebrate first birthday

Enjoy the benefits of a better banking relationship, happily ever after.
Community Events

The Merriwa Markets have been running next to the RSL for 12 months now. We have gone from half a dozen stalls to over 40 stall on our list, with over 20 returning each month. We would like to thank the stall holders for their help in making Merriwa Markets one of the best in our area.

We have had a lot of travellers stopping in and many locals supporting us each month. Thank you everyone for your support and we hope to keep running for years to come, with more money being donated to local community organisations.

A donation of $250.00 was given to both the VRA and Gummun Place Hostel, a total of $500.00. Money is raised from the stall fees and we hope to donate to local community organisations at least once or twice a year.

Remember we operate the third Saturday of every month except January.

Julie Russell
Congratulations to our first book award recipients for Term 3. We have had a very busy start to the term and it has been wonderful to see students getting back into routine so quickly. Well done to the following students:

Kindergarten: Georgia Maben
Year K/1: Skye Watson
Year 2: Logan Brazier
Year 3/4: Alyssa Carrall
Year 4/5: Piper Cropper
Year 5/6: Dylan Watson

At last week’s assembly we were proud to present some special awards. Well done on earning a Bronze award to these students:

Kindergarten: Kayden Coulter and Claire Inder
Year K/1: Zac Walker
Year 3/4: Zali Wallings
Year 5/6: Kyarne Sampson

Well done to Tamika Drury from the Year 5/6 class on achieving a silver award.

At last week’s assembly we were presented with some excellent work samples from students who have been working diligently in class this week. It was great to see writing, dioramas, studies on important dates that recognises Aboriginal history, and some artwork based on the Aboriginal flag. Well done to the following Workers of the Week:

Kindergarten: Mya Haataja
Year K/1: Jayden McPhie and Tye Blackadder
Year 2: Toby Fairhall, Mitchel Cox, Lily Swan and Makaylah Coles
Year 3/4: Talisha Coles and Mia Jacobs
Year 4/5: Josie Porter and Danielle Skeffington
Year 5/6: Nicholas-James Whitby and Thomas Bates.

**JULY**
- Thursday 23: NAIDOC Day
- Secondary Regional Athletics Carnival – Hunter Sports Centre Glendale
- Tuesday 28: ICAS English Test
- Rugby League 7’s – Apex Park Dubbo, 7.00am-4.30pm

**AUGUST**
- Tuesday 4: Year 10 Senior Subject Selection evening
- Wednesday 5: Variety Night – School of Arts, 7.00pm
- Thursday 6: Primary touch football gala day – Bill Rose Sporting Complex, Scone, 9.10am-2.50pm
PARENT TEACHER INTERVIEWS

On Tuesday the Parent Teacher interviews were held. It was wonderful to have the opportunity to speak with parents about the achievements of students. If you were unable to attend you can still meet with teachers at another time. Please contact our office on 6548 2101 to arrange a suitable time.

Rebecca West
Assistant Principal

NAIDOC WEEK ACTIVITIES

Last Thursday the Primary campus had visitors Dolly and Paul, Aboriginal elders from the Kamilaroi people as part of our NAIDOC week celebrations (which were delayed due to school holidays). NAIDOC stands for National Aborigines and Islanders Day Observance Committee. Its origins can be traced to the emergence of Aboriginal groups in the 1920’s which sought to increase awareness in the wider community of the status and treatment of Indigenous Australians.

NAIDOC Week is held in the first full week of July. It is a time to celebrate Aboriginal and Torres Strait Islander history, culture and achievements and is an opportunity to recognise the contributions that Indigenous Australians make to our country and our society.

Students participated in many activities including ochre weaving and traditional drawing. They were able to handle many traditional tools and even got to make their own paint powder. The favourite for most students was being able to handle real emu eggs, they were very big! Thank you to Tash Holden for coordinating the visit through the joint initiative of Upper Hunter Shire Council, Arts Upper Hunter and Wanaruah Land Council, we had a wonderful time.
Favourite Subject: Mathematics

Extracurricular Activities: Martial Arts

Best Personal Achievement: Being elected School Captain in Year 6 and achieving a mark of 90% in a mathematics assessment task

Year Advisor’s Comment: Jamie has shown himself to be a bright and enthusiastic young man and he has taken on all of the responsibilities of Secondary school with gusto. Jamie’s enthusiasm for school has been rewarded with him achieving great results in his Semester One assessment tasks and Half Yearly Examinations. Earlier in the year, Jamie presented himself to be a team player and a great mentor for his peers at the traditional Year 7 Peer Support Camp. Jamie’s hard work ethic and positive attitude have earned him Student of the Week. Keep up the great work Jamie.

Patrick Lomax - Year Adviser

Student of the Week
Jamie Constable
Year 7

Secondary News
TECHNICAL AND APPLIED SCIENCE FACULTY REPORT

The workshops have seen a flurry of activity of late. My focus for this article is the HSC students and their respective Major Design Projects in Industrial Technology Timber.

Taylah is forging ahead with her lounge idea. It was conceived and designed by her almost one year ago. She even picked the colours, shape and the cushions. To her absolute credit someone famous copied her design and it’s been used recently on the Renno Rumble finale (‘reality’ TV). The lounge cost them $5000.00 and was the hero piece for Carly and Leighton. I do hope she credits her favourite timber teacher when she goes into mass production and passes on some royalties! She has been working diligently on it for the past three terms and with a large concerted effort in the next three weeks should get an outstanding result for the HSC.

Matthew is going for a completely recycled approach (using anything and everything he gets his hands on) in the production of his bar or workbench or something. The reason it’s so hard to describe is that it changes use and appearance quite regular. Just last Friday he was talking about removing the entire back section and replacing it with another smaller piece of a completely different material. He is keeping me busy and will hopefully be able to take home a piece of furniture he is proud of that also gets him the kind of marks he deserves.

Travis is also going with the recycled approach but with a personal spin. He’s recycling an old oval shaped dining table and making it into a square coffee table. He’s planning on recycling the old green posts from the demountable walkway as legs. As a finishing touch he’s recessing a poster of his father’s truck, under a piece of glass into the top, as a family connection. This is a great way to showcase a piece of family history that will be looked at every day for a long time.

In all, these three students have a mountain of work to compile over the next three weeks. Their Major Design Projects and supporting Portfolios are due for external marking at 3.00pm on August 6. Teachers from other schools will come to MCS to mark them and we’ll find out their results when their HSC results are published. Good luck to all, and don’t forget to study for your trial HSC exams, after the projects are done!

Finally, I was on long service leave towards the end of Term 2 and left my classes with a number of important theory and design lessons so when
I returned we could rip back into practical work. I’d like to thank the students for their patience over that time and extend an apology to my Year 8 student parents that I didn’t get their mid-year reports completed in time. If any of the parents of my students have any questions or problems, please feel free to contact me through the school office.

Mr Andrew Duncan

HSC MAJOR WORKS UPDATE

This term many of our HSC students have Major Works due in a variety of subject areas. They have been tirelessly planning, designing, experimenting (and restarting many times) and putting in the hours and effort to create a project for the practical component of these courses.

In Visual Arts, Matthew Orton and Michael Smith-Wildey have been working hard all year to create their Body of Work, which is due on August 24. Matthew has been investigating abstract sculpture and symbols and utilising his metal work skills (thanks to Mr Duncan and Mr Beiers) to create a sculpture with contrasting textures and forms. Michael has been creating drawings using text and images to comment on the effects of depression within the human psyche. His works use famous faces and quotes to communicate his concept. Both students should be commended for their efforts and good luck in these final weeks.

Rebecca Hopkins
Rewards Coordinator

PISA TESTING

The Programme for International Student Assessment (PISA) is an international survey which aims to evaluate education systems worldwide by testing the skills and knowledge of 15-year-old students from more than 70 participating countries. It is the world’s largest international assessment.

This year Merriwa Central School has been selected to be a part of this assessment. The assessment date is Friday, July 31.

Students that will undergo PISA testing are those that match both of the following criteria:

• Enrolled in Year 7 or higher; AND
• Born between May 1, 1999 and April 30, 2000.

PISA is unique because it develops tests which are not directly linked to the school curriculum. The test is designed to assess students’ preparedness for adult life, students’ literacy skills in science, mathematics and reading, it also collects information about educational practises in each of the participating countries.

Undertaking PISA is important because the results can be used for indicating how well prepared students in Australia are for learning once they leave school; to identify areas for improvement for schools, education systems and governments; and lastly it allows a comparison of student performance internationally.

Why I want to be in ROAR: Because it is athletic and I use to play football and I wanted to get back into it

Favourite Subject: Science
Favourite sport: Football
Favourite team: Paramatta Eels
Favourite player: Chris Sandou
Best personal sporting achievement: Winning the grand final in football
Who inspires you: Jarrod Hayne because he is a good athlete and he’s truthful and honest
Advice to young players: Play hard and don’t give up.

ROAR
Cameron Bowler
Year 7

Merriwa Ringer
A total of about five hours of test items are covered, the assessment date is Friday, July 31.

This testing will consist of:

Morning Session: students will complete a two hour computer based test consisting of questions in science, mathematics, reading and collaborative problem solving; a 45 minute questionnaire on student attitude towards learning and their life experiences, ICT attitudes and educational pathways. Including administration and breaks, the morning session will run for 3 ½ hours.

Afternoon Session: students will complete a 65 minute financial literacy assessment, the knowledge tested includes dealing with bank accounts; credit/debit cards; managing finances; understanding taxes and savings; risk and rewards; consumer rights and financial contracts. About 1 ½ hours, including time for instructions will be needed to complete this session.

All data collected in PISA tests are kept strictly confidential. No participating individual or school is identified in any report released from the assessment.

Lana Grant  
School Coordinator

CAREERS NEWS

Here is an offer from “Ochre Opportunity Hub-Upper Hunter”

The Army’s Exercise First Look Program is an outstanding opportunity for male and female Indigenous students and Key Influencers in their community to showcase career opportunities available in Army and the pathways towards them.

The tour will visit the two officer training establishments for the Australian Army; the Australian Defence Force Academy (ADFA), and the Royal Military College Duntroon. This tour is scheduled to be delivered from August 27 to August 30.

The tour is limited to seven places for students so applicants must be genuinely interested in this challenging career option. You must be over the age of 15.

All expenses are covered including transport, accommodation and meals. If students wish to bring spending money, it is at their discretion and is their own responsibility.

Expressions of Interest can be obtained from Mr Beiers or Ms Hegarty at MCS, they will need to be returned to Ochre by Wednesday July 29, 2015 by 3.30pm.

APPRENTICESHIPS

Northparkes Mines Apprenticeship Intake 2016 - Applications Open July - Electrical, Mechanical, and Light Vehicle Automotive. Be at least 17 years, have Year 12 with good reports and references. http://www.northparkes.com/careers/apprenticeships.aspx


Fee free scholarships - Aged 15 to 30? Be eligible to apply for fee free scholarships to undertake a Smart and Skilled Training course with TAFEnow. No fees for training if living in social housing and doing an approved qualification from Certificate I to Certificate IV levels. The scholarships also apply for those doing an apprenticeship or traineeship. http://tafenow.com.au or call us on 1300 823 366.

NEW CAREER EVENTS

Listed below are educational careers events, workshops and open days that will support students and parents to make informed decisions about careers choices. Last week in our careers classes several students expressed an interest in the real estate industry.

Australian Government ICT Entry Level Program - Applications now open. Completing Year 12? Have passion for ICT? Work four days per week at an Australian Government agency while completing a Certificate IV (two years) or a Diploma (3 years) in IT. Fees paid by your agency.

Please contact Mark Beiers or Jane Hegarty if you require any further career information.

Mark Beiers  
Careers Advisor

YEAR 11 2016 PARENT/STUDENT INFORMATION NIGHT

Subjects, TAFE and HSC information for Year 10 students entering Year 11 in 2016.

When: Tuesday August 4  
Time: 6:30pm in the Great Hall

Please return RSVP note to the office ASAP.

Looking forward to seeing you all there!

Rebecca Hopkins  
Year 10 Advisor
Principal’s Report

Welcome to Miss Elizabeth Foran who has started teaching the Stage 3 class. Lizzie is working hard to ensure she is organised for the children’s learning. Already she had become such a valued member of our school community, meeting parents at the school campdraft and fete, at the working bee and in the classroom on Open Day. Thank you for the welcome you have given to Lizzie.

Learning is at an all-time high at St Joseph’s. Thank you to the parents and grandparents who joined us on Open Day last week to witness the learning that is taking place at our school. Many of our regular visitors will have noticed that these experiences are authentic learning sessions. The students continued to do their regular lessons as visitors joined them in their classrooms. The photo below shows the work infants students completed on “Money Matters” on Open Day. The students were exploring what coins they would need to produce to purchase an iceblock. Many of the parents have commented how astounded they are with the improvement in their child’s reading and writing in the Infants class. The teachers have the data to show that this is actually true. The children are at a higher level of reading and writing than in previous years. This learning is supported by the wonderful collaborative style structure of the Infants classes which started in 2015.

The Transition Program for children starting Kindergarten in 2016 began with Open Day. Many children enjoyed sharing some time in the Infants class. If you have a child ready to start school in 2016 please contact the school and arrange for an interview and tour of the school facilities. We have been very pleased with the positive feedback new parents have shared with us.

Thank you to all the parents, grandparents, children and friends who assisted in numerous ways to make the 2015 St Joseph’s Junior Campdraft and Fete Day the best yet. What a wonderful day it was for all in attendance.

The major raffle winners were:

First Prize: Tour of Coolmore Stud for ten people - Kristen Peel
Second Prize: Quilt - Alex Keane
Third prize: $100.00 fuel voucher - Vicky Byfield
Fourth prize: Saddle stand - Sally Gilbey
Fifth Prize: Voucher for Merriwa Chinese – Tash Taaffe

NAIDOC week was celebrated at school with a special liturgy on Open Day and then with a visiting Aboriginal artist on Thursday. The Stage 3 students have written a response to the Artist day below.

NAIDOC WEEK 2015

St Joseph’s Merriwa celebrated NAIDOC week with Cassilis Public School on Thursday by participating in creative Aboriginal activities.

NAIDOC Week (National Aborigines and Islanders Day of Celebration) focuses on the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. NAIDOC is celebrated not only in Indigenous communities but by Australians from all walks of life. The week is a great opportunity to participate in a range of activities and to support your local Aboriginal and Torres Strait Islander community. (http://www.naidoc.org.au/frequently-asked-questions)

Aboriginal Elders, Dolly and Paul, from the Kamilaroi Tribe travelled all the way from Tenterfield to instruct students how to weave baskets using New Zealand flax, paint using ochre on paper and cement paths around the school. As the Aboriginal elders instructed the students they also discussed parts of Aboriginal language and customs.

Our school community thought the day was fantastic and we really enjoyed the activities. It was also great to share this experience with our Cassilis friends. We would like to thank Dolly and Paul for sharing their knowledge of their Aboriginal culture and Tash Taaffe for organising this wonderful experience.

By 5/6 students

“Cool and Friendly” is a program used at school to help students manage their emotions and make good choices at school and at home when they feel frustrated and angry. This is a very valuable program as it equips the students with skills to solve their relationship problems in an appropriate and realistic way. The skills learned are skills for life. Many children elect to do the program because they can identify a need in themselves; others

Merriwa Ringer
are invited to do it. The teacher and the students give up some of their lunch time voluntarily to participate in this program. If you would like to learn more about this program please contact the school.

ASPIRE is an initiative of the Maitland-Newcastle diocese aimed at promoting and fostering creative and performing arts in our schools. The ASPIRE program offers talented students the opportunity to develop and enhance their skills in five ensembles: drama, dance, stage band, strings and vocal. They have produced an integrated performance “Stranger than Fiction”. Six months of hard work by 120 diocesan students will be on show for our Primary students next Thursday. This is a wonderful opportunity for our students to see a high quality performance enhance the Creative Arts outcomes taught in class and be inspired to work towards a higher level of performance themselves in our school play. Last year, while working with Anna Kerrigan on our own play production, two students from our school were prompted to audition to be part of the “ASPIRE” cast. This is a great opportunity for children in a small rural school.

This term’s Working Bee was very well attended on Sunday with 26 in attendance. We had representatives from the Hunt, Peebles, Ninness, Foran, Shannon, Hopkins, Whale, Hagley, Henderson and Constable families. The gardens look great and we enjoyed a very social morning tea afterwards. Thank you for your help.

We look forward to celebrating the love of Grandparents on Friday of this week. Once again our parents and grandparents are welcome to join us as we commemorate the feast of St Joachim and St Anne – Jesus’ grandparents. Grandparents can play a wonderful role in the lives of all of us and particularly our children. Grandparents do not have the immediate worries associated with raising children and so are often more relaxed and able to focus on the real meaning of life with our children. What a wonderful gift. Come along and help us say “Thank you” to our grandparents.

Congratulations to the following award winners for this week:

**Kindergarten - Mollie Beaven** - for being a great friend to others

**Archie Constable** - for great efforts in spelling activities

**Year 1/2 - Sam Grady** – for working well in maths-money activities

**Ellie Holland** - For asking questions when she is unsure

**Claudia Patterson** - for working well with classmates during Maths activities

**Year 3/4 - Jock Grady** - for working well in whole number math activities

**Korey Halse** - great result in spelling test

**Years 5/6 - Damian Jamieson** - for being a whiz at factors and multiples

**Emily Ninness** - for excellent use of punctuation in her writing.

**Principal’s Awards** - Emily Ninness for maintaining her work books as an authentic record of learning. Helena Parker for maintaining her bookwork as an authentic record of learning.

Helen Whale
Principal
NAIDOC WEEK

Our students celebrated NAIDOC week at the end of last term. They participated in two video conferences. The first conference was conducted by the Sydney Museum and students had the opportunity to explore and learn about our three flags - Australian, Aboriginal and Torres Strait Islander. They brainstormed elements that should be included on a flag, and then with this in mind, they designed their own flags. They enjoyed incorporating ideas from different cultures to design a flag that is more representative of our modern society.

The second video conference was conducted by the State Library. It was based around this year’s theme: We all Stand on Sacred Ground: Learn, Respect and Celebrate.

Students were introduced to some Aboriginal words through the app tumbir. They then discussed what a ‘sacred’ place means to indigenous people. The students were encouraged to think about a place that is sacred to them. They then created a 3D paper sculpture that represented their sacred place. This activity generated a lot of interesting discussion.

All students need to prepare their speeches at home. Speeches will be delivered in class over the next two weeks with two finalists chosen from each grade level. The finalists will deliver their speeches at our Education Week assembly to be held on Friday August 7 at 2.00pm. This year some of our finalists will be representing the school at a Zone Public Speaking Competition.

WALKATHON

Thank you to everyone who supported our walkathon. $1170.91 was raised by the students which is absolutely fantastic. This money will be put towards our swimming program at the end of the year. Prizes for the students have arrived and were handed out.

LATE ARRIVALS

Parents, please remember that it is a legal requirement that you sign your children in to school if you are running late in the mornings. There are forms in the office and all classrooms.

ART OF LEADERSHIP

Next week I will be attending a three day course in Sydney on The Art of Leadership. The course is being conducted by the NSW primary Principal’s Association. The course will allow me to work towards achieving my goals in my professional development plan (PDP). I look forward to reporting back and putting into practice everything I learn.

P AND C MEETING

This has been rescheduled for this week. Thursday at 2.00pm in the music room.

Welcome back Mrs Parker. The students were very excited to see Mrs Parker back at school after a short period of leave.

PSSA SOCCER

The PSSA soccer match will be played this Friday July 24 at Maitland. Thank you to all parents who have offered to drive.

We will leave school at 8.30am and return in time for the bus.

Please note the venue has been changed. We are now playing at Robin’s Oval (inside Maitland Park) opposite the pool. It has a cream picket fence around it.

ZONE ATHLETICS CARNIVAL

The Zone athletics carnival is being held at Scone on Friday July 31. Katie Thompson is the team manager for the day, so if you have any problems please speak to her first. Thank you to the parents

ZUMBA

Zumba lessons start this week. The cost will be $3.00 per week or $18.00 for the full six weeks.

SOCCER

Our soccer game has been re-scheduled for this Friday July 24. It will be held at Maitland.

PUBLIC SPEAKING

Students were notified at the end of last term about our public speaking program. The topic for this year is “My favourite activity is………… because ……….”
who have offered to drive.

YEAR 6 T SHIRTS

Notes have gone home for Year 6 to order their shirts. The orders are due back August 7. As the students have chosen school colours, they will be able to wear their Year 6 shirts on any chosen day.

MIDDLE CHILDHOOD SURVEY

Students in Year 6 will be participating in a survey about factors effecting later health, education and behaviour. It is being conducted by the University of NSW in collaboration with Universities of Newcastle, Western Australia and Canterbury (NS). The survey will focus on mental health and wellbeing. Students have been given a parent pamphlet which contains more detailed information regarding the survey. If parents do not want their child to participate in the survey, please return the opt-out/withdrawal form inside the front cover of the pamphlet. The survey will not be conducted until Term 4.

Woolies Earn and Learn is on again, and our school is participating. We encourage all friends and family to collect the stickers and send them to school with your children to place in our collection box. We use this program to purchase extra resources for our students.

Christina Darlington
Principal

WEEKLY AWARDS

Homework Awards - Abby Cooper, Amy Thompson, Isabella Wallace, Sam Thompson, Natasha Marsh, Andrew Harris, Riley Borradaile, Mikayla Borradaile, Marshall Hinze, Reagan Turner, Austin Adams and Archie Johnson.

Attendance Awards - Abby Cooper, Natasha Marsh, Declan Adams, Kayden Adams, Noah Adams, Austin Adams and Archie Johnson.

Weekly Awards - Hunter Marsh - fantastic effort in Recount writing

- Lilly Coen - trying hard to place adjectives in her writing
- Xavier Coen - beautiful classroom manners
- Austin Adams - excellent work in reading activities
- Jobee McCandless - fantastic work on 2D shapes.

WORKERS OF THE WEEK

Kinder/Year1/2 - Kayden Adams and Noah Adams.

Year 3/4/5/6 - Amy Thompson and Andrew Harris.

STUDENT OF THE WEEK

Reagan Turner - making our new children feel very welcome.

SPORTS PERSON OF THE WEEK

Nicholas Terrell - putting in 100% effort

Christina Darlington
Principal

Ringer Deadline!
Please remember to place your articles and advertisements into the Merriwa Ringer by 12.00 noon Mondays.
We are very happy to announce that the committee have been working hard developing our new constitution and it is near completion. At this stage we are welcoming feedback and input from families into the document, it is available for you at the Pre-School and Activity Centre. By the end of the month the document will make its way to Fair Trade and we are hoping that our new constitution will be up and running by mid way through Term 3.

**SCHOOL PHOTOS 2015**

These sessions will be held on Monday July 27 and Tuesday July 28.

All children who attend Pre-School on Wednesdays and Fridays will be required to come along to Pre-School at 9.20am on Monday July 27 as all group classes will be photographed, followed by the individual portraits for our Wednesday and Friday children.

All Thursday children will be requested to attend Pre-School on Tuesday July 28 at 9.20am

On this day individual photos will commence for Thursday children immediately. There will be no group photos in the conventional sense for Tuesday and Thursday children. The group photo will be achieved through a composition of individual photos. This is a new method preferred by photographers when capturing images of young children. From some samples I have seen I’m sure families will be very pleased with the results.

Please note that school sessions for children who regularly attend these days will continue with limited fuss.

For your information Family portraits will go ahead on Tuesday October 13. They would make fantastic Christmas presents.

Our thanks to Tash from the Upper Hunter Shire and the Merriwa Central School for organising and hosting a lovely event for the children to celebrate NAIDOC week. The children created wonderful ochre drawings and were given the opportunity to be exposed to traditional and indigenous artefacts and stories. The children really enjoyed the experience and just loved the idea of going to ‘big school’.

Next week I will begin a professional placement in Scone for a period of eight weeks as part of my degree with Charles Sturt University. This will take me from the Pre-School on Wednesday Thursday and Friday and in Week 10 this will also include Tuesday. Throughout this period, the children will be treated to the teaching talents of Mrs Kim Wolfgang on Friday and Miss Heidi and Miss Jessyca will also further their experience in the position of room leaders and certified supervisors on Wednesday and Thursday. This is a very exciting venture for me and I appreciate your understanding and support. Throughout the remainder of the term I am best contacted at Pre-School on Monday and Tuesday. Or my mobile is 0498 002 929 for any significant communications, complaints or queries you may have. Please leave a message as directed and I will return your call.

Leah Folpp
Director
Merriwa Pre-School Kindergarten Assoc.
Merriwa Tennis Club

ANNUAL GENERAL MEETING

When: August 17
Time: 6.00pm
Where: Merriwa RSL Club

All positions will be declared vacant and all voting members will need to be financial before voting.

Robert Smith

Merriwa CWA

The next meeting of the CWA Merriwa Branch will be on Monday August 10 starting at 10.00am in the CWA Rooms, 159 Bettington Street. New members are always welcome. Enquiries to: Barbara Campbell on 6548 5131 0428 485 131 or Robyn McAlister on 6548 3274.

The CWA Merriwa rooms are available for bookings at very reasonable rates – contact Jean Price on 6548 2456.

Penelope Fenley

Soccer Skills for Kids

Soccer is running on Saturdays, 10.00 – 11.00am, No2 Oval. Come and try – All welcome. Our coach is Mark Morris who is a past representative of NSW and Australia in CP football and was an Australian player competing in the 2000 Paralympic Games.

Come along for fun, a run, learn soccer skills and have a game! Enquiries Leo Collins 0477 46 25 76.

Leo Collins

Merriwa Markets

When: August 15
Where: RSL Club footpath and building
Time: 9.00am till 12.00 noon

We have a variety of stalls and new stall holders are always welcome.

Contact: 0428 496 630

We operate the third Saturday of every month except January.

Julie Russell

Merriwa Swimming Club

ANNUAL GENERAL MEETING

When: July 30
Time: 6.00pm
Where: Merriwa RSL Club

Anyone wishing to attend are more than welcome. All positions will be declared vacant and all voting members will need to be financial before voting.

Enquiries and apologies can be directed to Jodie Magner.

Jodie Magner

Anglican Church

CLAIMING THE DATE

The Anglican ladies Guild will be holding a Casserole Lunch In the Parish hall August 14. More details later.

Rosalie Drew

Merriwa Anglican Guild Ladies

Expression of interest for a Debutaune Ball, to be held in November 2015 are now being taken.

Names can be left at Di ’s Clothing Patch.

All girls must be 16 years as of November 1.

Di Inder

Samaritan’s Christmas Boxes

ADVANCE NOTICE!

These boxes will be available from the beginning of August, for collection at the end of September (exact date will be advised later).

Carol and John Bowman have moved away, but I will continue coordinating our Merriwa collections. I am taking advantage of some of the specials now, and by advance notice, thought some other folk may do so too.

Contact Barbara on 6548 5131 or mobile on 0428 485 131.

Barbara Campbell

Merriwa Anglican Church

ANNUAL GENERAL MEETING

When: August 17
Time: 6.00pm
Where: Merriwa RSL Club

All positions will be declared vacant and all voting members will need to be financial before voting.

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Enquiries and apologies can be directed to Jodie Magner.

Jodie Magner
Merriwa Ringer

In early August last year, our club welcomed our long term exchange student from Osnabruce, Germany. Neville and Leanne Hook, who were to be Clara’s counsellors during her stay, met her on a foggy Sydney morning and hosted her for the first few days of stay in Merriwa.

While with us, Clara spent three months with Robert and Maree Goodear, Martin and Jodie Telfer, Mark and Helen Whale and Mark And Di Inder.

Clara celebrated her 16th birthday with us in October and gave us an interesting and entertaining presentation for the occasion.

She had a three week “Capricorn Ramble” in company with a large number of international Rotary long term exchange students and saw a lot of Australia in that time, as well as enjoying sharing the experience with a diverse multinational group.

Clara was an enthusiastic participant in every activity undertaken. She particularly enjoyed taking part in the Model United Nations Assembly as part of the Merriwa team.

Another highlight was her staging of a “knowledge of Germany and the German language” night at one of our club gatherings. She shared the responsibility for the night with another visiting German student, Nadine and they kept us amused while managing to extract money from us to assist good causes.

Clara has been a model exchange student. She spent many Tuesday evenings at our meetings and it was always a pleasure to welcome her there. At her final night with our club she gave a brilliant presentation on her Australian experience... with the occasional use of well chosen Australian idiom... which demonstrated that she had really got to know Merriwa and Australia very well.

Clara will be well and truly settling in at home in Osnabruce. She now has her two final years of school to complete and has made a promise to be back in Australia soon after that.

Merriwa Rotary is now looking forward to hosting our next 12 month exchange student, Lotta from Estonia.

Mark Smith
Merriwa Ringer
DATE FOR YOUR DIARY

Women’s Guild Meeting - First Thursday Monthly: Aug-November: 2.00pm

Messy Church - Parish Hall - Last Friday Monthly: July-November: 3.30pm

Men’s Breakfast - Parish Hall - Third Saturday Aug-November: 7.30am

July 26: National Tree Sunday

August 14: Ladies Guild casserole Lunch.

As you receive these jottings we will be having grandparents day at St Josephs on Friday and National Tree Sunday on July 26.

The reading for last Sunday was from St. Paul’s second letter to the Corinthians and it speaks of the one who sows sparingly will also reap sparingly, and the one who sows bountifully will also reap bountifully. Each of you must give as you have made up your mind, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to provide you with every blessing in abundance, so that by always having enough of everything, you may share abundantly in every good work…. And so that brought my thoughts to grandparents as we love, care and nurture our grandchildren and help prepare them to be responsible and cheerful givers to their communities. So, as we fulfill our Grandparents role so we must do the same for our Environment…. We must love and protect the habitat. Merriwa plateau was a grassy box Woodland that only grows on highly fertile soil. White, grey and Yellow Box along with grasses were in abundance before the development of agriculture. We should try and preserve all that is left and plant a tree on this National Tree Sunday or if we are in a position to do so, fence off a portion of precious woodland from grazing. And so the reading continues… you will be enriched in every way for your great generosity, which will produce thanksgiving to God through us. For the rendering of this ministry not only supplies the needs of the saints but also overflows with many thanksgivings to God.

Rosalie Drew

On June 27 the Merriwa District Education Foundation (MDEF) held a dinner to celebrate this year’s grant recipients and to hear from Sarah Taylor the Country Education Foundation CEO. The evening was a huge success with Merriwa residents from the district enjoying a meal and gaining an insight into the Foundations work. We also heard from two of our recipients about their studies and look forward to hearing of their continued success as they continue their courses. The evening was able to raise $2,400.00 to assist students with their tertiary education costs.

The committee would like to thank the following businesses for their support in donating raffles and/or goods for the night as this enabled us to raise the funds we did.

Royal Hotel Cassilis
Alexander Downs
I and L Gant
C and A Kemp
Plough Inn Cassilis
Lesley Nixon
Belvedere Agriculture
Tash Holden Communications
Rotary Club Merriwa

If you are interested in knowing more about the organisation and how we support our local students some flyers have been left at Community Mutual or you can contact one of the committee members (see advertising box in Ringer).

Thank you to everyone who attended on the evening and made it such an enjoyable evening and a financial success.

Jane Hegarty
Photography Competition

Entries close:

CLOSING DATE -
SEPTEMBER 7 - NOON

Topic for the month is:
THE HORSES BIRTHDAY

The winning photo will receive a prize to the value of $50.00 from the monthly sponsor and this month it is sponsored by:

MERRIWA TYRE AND SERVICE CENTRE

PUBLISHED IN THE RINGER ON:
SEPTEMBER 10

The competition is open to amateur photographers of all ages.

Merriwa is a community that hosts many horse sporting events and in the next few weeks many of these events will be held, what a great opportunity to capture that great shot of a horse and rider in motion.

Email your photos to merriwa2-c.school@det.nsw.edu.au.
Its time to get “show ready”. Over the next seven weeks you will be seeing each sections 2015 Ladies Auxiliary Show Schedule. All seven schedules will also be available at the Merriwa Newsagent, Di’s Clothing Patch and Merriwa Pharmacy.

SECTION H – NEEDLE AND FANCY WORK

SUB-COMMITTEE: Mrs W Armstrong, Mrs A Bishop, Mrs A Carrigan, Mrs B Frampton, Mrs S Hunt, Mrs D Killen, Mrs P Kirkby and Mrs R Munro

ENTRY FEE: Open classes - $0.50 per entry Children 16 and under - no entry fee

PRIZES: First - $3.00 and second - $2.00. Award cards for First and Second

ENTRIES: will be accepted in the Fairfax Pavilion on Thursday September 17 from 2.00pm to 4.00pm, and Friday September 18 from 8.00am until 10.00am. Any entries not collected between 4.00pm and 5.00pm on Saturday September 19 will become the property of the committee.

PRESENTATIONS: 11.00am on Saturday in the Rodgers Pavilion

SPECIAL PRIZES

Champion Piece of Knitting donated by Mrs M Llewelyn
Champion Piece of Crochet donated by Mrs S Mulligan
Champion Piece of Sewing donated by Mrs L Taylor
Champion Piece of Embroidery donated by Mrs D Alker
Champion Novelty Item donated by Mrs R Munro
Champion Novice Entry donated by Mrs B Frampton

PRIZE for Most Successful Exhibitor, Open Classes 1-37 donated by Mrs B Frampton

PRIZE for Most Successful Exhibitor, Junior Classes 38-46 donated by Mrs S Mulligan

CONDITIONS OF ENTRY

1. All care and no responsibility will be accepted for the loss or damage of exhibits

   It is the responsibility of the exhibitor to collect their exhibits at the end of the show

   Organisers take no responsibility for uncollected items

2. All entries to be new, clean and exhibitor’s own handwork

3. All entries must have been completed in the last 12 months.

OPEN CLASSES

KNITTING

1. ADULT’S HAND KNITTED JUMPER, CARDIGAN or VEST, any ply

2. CHILD’S HAND KNITTED JUMPER or CARDIGAN, any ply

3. HAND KNITTED BOOTIES

4. HAND KNITTED GARMENT or ARTICLE, for baby

5. KNITTED ITEM, not mentioned in schedule. CROCHET

6. CROCHETED ITEM in cotton

7. CROCHETED ITEM, including handkerchief edgings in fine gauge

8. CROCHETED ITEM in wool, any ply

9. CROCHETED ITEM for BABY SEWING

10. MACHINE SEWN GARMENT, adult

11. MACHINE SEWN GARMENT, child or babies garment

12. ARTICLE IN HEIRLOOM SEWING, hand or machine sewn

13. NIGHTIE, BED JACKET, SLIP or any article similar, hand or machine sewn

EMBROIDERY

14. ARTICLE in COUNTED or PULLED THREAD EMBROIDERY

15. ARTICLE in FINE EMBROIDERY

16. ARTICLE in WOOL EMBROIDERY

17. EMBROIDERED PICTURE, or wall hanging

18. ARTICLE in LONG STITCH

19. PIECE of TAPESTRY, mounted or unmounted

20. ARTICE in SURFACE EMBROIDERY, including Crewel work

21. ARTICLE in CROSS STITCH

22. ARTICLE in SMOCKING

23. EMBROIDERED ARTICLE, not previously mentioned

NOVELTY

24. COAT HANGER

25. CUSHION

26. NOVELTY ITEM, suitable for gift

27. PATCHWORK or APPLIQUÉ, article, machine sewn

28. PATCHWORK or APPLIQUÉ, article, hand sewn

29. PATCHWORK QUILT, machine quilted

30. PATCHWORK QUILT, hand quilted

31. ANY ARTICLE or GARMENT, not previously mentioned
CONGRATULATIONS

The Spirit of St Joseph winner for Term 2 was DARCY TAAFFE. Darcy is a most worthy recipient as she demonstrates great determination to achieve the best possible outcomes in everything she does. Darcy strives to do her best in athletics and cross country, as well as in class where she strives to improve her literacy and numeracy skills. Darcy has represented St Joseph’s at many community events, including the Junior Campdraft and Fete, Festival of the Fleeces, Christmas Carols and more. Congratulations Darcy.

WOODLAND FRIENDS

Woodland Friends is a gorgeous range of coin purses for all ages. They are made of felt and come with all kinds of animal motifs, including foxes, owls, butterflies, birds and more. There are a variety of colours and styles. They make a great little gift for 5 year olds and 50 year olds alike.

HALLMARK MOMENT

You’re unusual…. And I find that wonderful.

The new Studio Ink by Hallmark is a great range of cards. They are a little bit different, and for every occasion. There are nice cards, funny cards, pretty cards, stylish cards and there is something in this range for everyone.

ADULT COLOURING BOOKS (not as naughty as they sound!)

These books are becoming increasingly popular as they are a way to reduce stress. Ask any mum with a toddler- colouring with them is a guilty pleasure. Well, now there is no need to feel guilty as these books are designed for adult- beautiful designs, often intricate. The repetitious actions of colouring can be very therapeutic! Come in and get one today and prove it to yourself.

THE ART OF KNITTING

This latest partwork advertised on TV recently. You do not have to commit yourself to the partwork to take advantage of this offer- 2 balls of wool and a pair of knitting needles with the first issue (which is so cheap they are almost free!) allows you to test it out and see if you enjoy knitting. Give it a go today. You could end up knitting scarves, mittens, cushion covers, hot water bottle cosies and so...
many more warm and woolly things with the easy to follow instructions.

**NEEDLE LICIOUS**

If knitting is not quite your thing, why not get this great crochet kit. It includes step by step instructions, all of the wool, crochet hooks and everything else you may need. This kit will allow you to make your own bright and colourful (and WARM) beanie. It is the perfect way to learn the art of crochet, or to teach the kids and grandkids.

**CUDDLY HOTTIE**

These cute and cuddly animals with the warm lavender-scented tummies are the perfect way to keep warm on a cold evening. There are several different animals and they are just waiting to warm you up. These cute little Hotties are the same price here as they are at large discount and variety department store that shall remain unnamed.

**PHONECARDS; all cards are now available including Telstra, Optus and Vodaphone**

Cash or Eftpos only

Leanne Hook

**Australia Post Merriwa PO BOXES**

For the first time in a long time we have two boxes available for rent. We have three small boxes which cost $120.00 for the year (which will now be less as we are part way through the year) plus a once off administration fee of $25.00. Anyone who lives in an area where there is no street delivery is entitled to a reduced rate which is $32.00 plus admin fee for small. If you are unsure of whether you have street delivery please speak to a staff member. Applications are available at the post office and there is a free six month redirection available to anyone taking up a box (unless you already have a box and are increasing the size of the box). Benefits of having a box include 24 hour a day access to your box, secure storage of mail as opposed to a box on your street and quick access to parcel collection should you receive notification of a parcel (9.00-5.00pm Monday-Friday).

**TECHNOLOGY**

Telstra Pre-paid phones in stock starting from $49.00 - $99.00. We also have a range of phone chargers for most phones. We have multi chargers for car and home starting at $24.95 and charging cords starting at $9.95. USB’s in 8GB and 16GB available now.

**NEW STOCK**

In stock now we have brightly coloured little Cup and Spoon Sets for $5.99 each. Great for yoghurt or ice cream. We also have fridge magnets for $3.99 each with some lovely quotes and sayings, lovely as a gift to a loved one.

**AVON IN STORE**

We have now entered campaign 14 which ends on Thursday July 16. Every Avon catalogue contains some great deals with freebies so come in a pick up a catalogue or go to my online shop – shop.avon.com.au/store/kelsw

**SCENTSY**

For those wondering what fragrance is wafting from the Post Office when you walk by or come in it is one of over 80 fragrances Scentsy offer. When you walk in you will notice it burning in one of our electric warmers which is part of the Silhouette Collection with an etched core warmer and Spokes wrap. This could be burning in your home or workplace for $69.75. There is also a range of Laundry products including Liquid, Dryer Disks and the popular Washer Whiffs. Not sure what a Washer Whiffs are, come in and pick up a free sample to try at home. There are many ways to purchase these products – by hosting a party at your home, collecting orders at your leisure with our basket party system, visiting the Merriwa Markets, shopping online at lusciousmelts.scentsy.com.au or calling in and picking up a catalogue. While you are in check out my display of the fabulous products Scentsy has to offer.

**FREE POCKET CALENDARS**

Don’t forget to grab a free 2015 pocket calendar when in store. Handy to have in your wallet.

**LUNCH TIME CLOSURE**

Due to the decline in customers visiting the Post Office, we had reduced staffing. This resulted in the staff member working without a designated lunch break. As such we are advising the community that as of Monday July 20 2015 Merriwa Post Office will be closed between 2-2.30pm so that our staff are able to take a break for lunch and to attend to any personal business. We hope that the community will understand and be accommodating of this.

Merriwa Post Office is opened Monday to Friday 9.00am – 5.00pm.

Kellie Orton and Kylie Austin
Merriwa Auto Electrical
Your Local Fully Qualified Auto Electrical Service

We do repairs to vehicle electrical systems such as starter motors, alternators, batteries, electric brakes, charging systems and much more!

We have a supply of Kenwood radios and UHF radios at great prices.

We have a supply of vehicle and machinery batteries at competitive prices to suit your needs and if we don’t have it we may be able to get it.

• AUTOMOTIVE AIR CONDITIONING. All your air conditioning needs come to the shop or we’ll come to you!

• TV and VAST installations available.

• Key cutting services also available.

Ring us for an appointment on 6548 2114 or call in to 30 Bow Street Merriwa and see Michael or Sally.

Michael and Sally Hagley

Dr Noman Jawaad Medical Practice

WE ARE OPEN FIVE DAYS A WEEK

Our hours currently are:
8.00am – 6.00pm
Monday to Friday
For all appointment please phone 6532 5013.

Dr Cho

Spice Grill Merriwa

SPICE GRILL MERRIWA BRINGS THE BEST INDIAN CUISINE TO YOU

INDIAN CUISINE

Indian cuisine or Indian food encompasses a wide variety of regional cuisines native to India. Given the range of diversity in soil type, climate and occupations, these cuisines vary significantly from each other and use locally available spices, herbs, vegetables and fruits. Indian food is also heavily influenced by religious and cultural choices.

The development of these cuisines have been shaped by Dharmic (Religious) beliefs, and in particular by vegetarianism, which is a growing dietary trend in Indian society. There has also been Central Asian influence on North Indian cuisine from the years of Royal Kingdoms and Delhi Sultanate rule. Indian cuisine has been and is still evolving, as a result of the nation’s cultural interactions with other societies.

Historical incidents such as foreign invasions, trade relations and colonialism have also played a role in introducing certain foods to the country. Indian cuisine has also shaped the history of international relations; the spice trade between India and Europe is often cited by historians as the primary catalyst for Europe’s Age of Discovery. Spices were bought from India and traded around Europe and Asia. It has also influenced other cuisines across the world, especially those from Southeast Asia, the British Isles and the Caribbean.

HISTORY

Indian cuisine reflects a 5000-year history of various groups and cultures interacting with the subcontinent, leading to diversity of flavors and regional cuisines found in modern-day India. Later, Royals, Mughals, British, and Portuguese influence added to the already diverse Indian Cuisine.

MIDDLE AGES

During the Middle Ages, several North Indian dynasties were predominant, including the Gupta dynasty. Travellers to India during this time introduced new cooking methods and products to the region, including tea and spices. Northern India was later invaded by Central Asian cultures, which led to the emergence of Royal cuisine, a mix of Indian and Central Asian cuisine. Hallmarks include seasonings such as saffron.

Trade with the ancient Sumerian, Assyrian and later Arab cultures also helped import several of those culinary techniques.

And from the Cuisine, which has a history of 5000 years and great Fusions in the past, Spice Grill Merriwa have brought and best chosen ones of each and every corner of India. Which are also The World Famous Dishes like:

• The Royal Kathi Rolls
• Butter Chicken Curry and Wrap  (Northern India)
• Chicken Tikka Masala Curry and Wrap (Central India)
• Tandoori Chicken Curry and Wrap (Western India)
• Lamb Korma Curry and Wrap (Northern India)
• Lamb Do Pyazaa (Northern India)
• Mint Lamb Curry and Wrap (Central India)
• Lamb Kasundi (Eastern India)
• Lamb Corriander (Eastern India)
• Lamb Rogan Josh Curry and Wrap (Northern...
India)
• Lamb Madras Curry (Southern India)
• Goan Fish Curry (Western India)
• Battered Fish (Eastern India)
• Lamb Adraki (Central India)
• Indian Masala Omelet
• Vegetarian Foods like Salad, Salad - Sandwiches and Wraps.

 Introduced - Vegetarian Dishes too.

Rohit Gaur

Merriwa Pharmacy

DIABETES – ARE YOU AT RISK

Approximately 3.2 million Australians have diabetes or pre-diabetes while worldwide 366 million people are affected.

National Diabetes Week runs from July 12 to 18 and everyone is encouraged to have checks and learn more about this disease.

Diabetes is a chronic condition that occurs when there is too much glucose in the blood. This happens if the body is not producing insulin or not using insulin properly. Insulin is required to enable glucose to enter the body’s cells and be converted to energy.

Glucose is a particular type of sugar – it is needed to provide energy for the body. Insulin is the hormone or chemical messenger that controls how the muscles, liver and fat tissues use glucose.

There are a number of different types of diabetes.

Type 1 diabetes is a condition in which the pancreas does not produce insulin. This type represents 10–15% of all cases of diabetes and is one of the most common chronic childhood diseases in developed nations. Type 1 diabetes is not caused by lifestyle factors, yet its incidence is increasing at a rate of about 3% a year.

Most people with diabetes, around 85%, have Type 2 diabetes. They still produce insulin but it does not work as well. It usually affects mature adults, but younger people, even children, are now getting Type 2 diabetes. Type 2 diabetes is more common in people who have low levels of physical activity or are overweight or obese, but it also occurs in people who have a family history of it.

Less well known is gestational diabetes – a form of diabetes that occurs in pregnancy and mostly disappears after the birth. This type may be caused by the woman’s body not being able to make enough insulin or not being able to use it correctly during pregnancy. It is usually found by having a blood test between 24 and 28 weeks of pregnancy.

Pre-diabetes is a condition where blood glucose levels are higher than normal, but not yet high enough for a diagnosis of Type 2 diabetes. Left untreated it may develop into Type 2 diabetes within 5 to 10 years.

A balanced diet and regular physical activity are key elements of preventing and managing diabetes. Being overweight or obese increases the chance of getting diabetes. While the underlying causes of obesity are complex, the resulting problems are well known; Type 2 diabetes, cardiovascular (heart and blood vessel) disease, osteoarthritis and sleep apnoea are some of these problems.

It is important to take a balanced view with regard to nutrition, drawing on a range of foods rather than focusing on single nutrients as ‘good’ or ‘bad’. No single food is responsible for weight gain or loss, but our total kilojoule (or calorie) intake from all food is what can cause problems.

During National Diabetes Week visit your local pharmacy to learn more about diabetes and how it can be managed. If you have any of the risk factors for diabetes such as excess weight or smoking, now is the perfect time to ask your pharmacist about lifestyle changes.

Pharmacies can offer a range of resources and support for diabetes including:

• diabetes screening tests with referrals to your doctor
• diabetes management services including monitoring of blood weight and diabetes medicines
• advice on diabetes medicines
• review of diabetes medicines
• weight management services
• blood glucose monitoring devices
• supply of blood glucose test strips as part of the National Diabetes Services Scheme
• quit smoking products and services
• health information including Self Care Fact Cards.

You can get more advice on diabetes from Merriwa Pharmacy. Self Care Fact Cards include Blood Glucose Monitoring, Type 1 and Type 2 Diabetes plus Weight and Health.

Robert Smith
Merriwa Ringer Directory

A quick reference guide to all that support the Merriwa Ringer

Alexander Downs 6548 5170
Australia Post Merriwa 6548 2042
Brodie’s Cutting Edge 6548 2499
Cassilis Bowling Club 6376 1002
Cassilis Public School 6376 1009
CJ and JM Vero and Sons 6548 2303
Community Mutual - Merriwa 6548 2651
Country Womens Association 6548 3274
Craig MacPherson Haulage 6548 2663
Cross Country Merriwa 6548 2106
Curtis Gant and Irving 6543 2433
Custom Made Kitchens 6548 2025
Di’s Clothing Patch 6548 3023
Festival of the Fleeces 6548 2109
Fire and Rescue NSW 6548 2005
Gummun Place Merriwa 6548 2111
JTS Realty 6541 5331
La Scaletta 6548 3005
M Nutt Contracting 6548 2004
Max’s Country Cuts 65482375
Merriwa Activity Centre 6548 2082
Merriwa Anglican Parish 0429 996 796
Merriwa Auto Electrical 6548 2114
Merriwa Bushmans Campdraft 0427 437 743
Merriwa Catholic Parish 6548 2086
Merriwa District Education Foundation 6376 1052
Merriwa District Progress Association 6548 2245
Merriwa Engineering 6547 6085
Merriwa Healthy Environment Group 6547 6048
Merriwa Junior Rugby League and Netball Club 6548 8560
Merriwa Little Athetics 6548 5002
Merriwa Newsagency 6548 2031
Merriwa Central School P and C 6548 2246
Merriwa PAH and I Show 0498 378 500
Merriwa Painting and Decorating 0409 015 678
Merriwa Pharmacy 6548 2213
Merriwa Pony Club 0427 412 128
Merriwa Pre-School and Kindergarten 6548 2083
Merriwa Race Club 0427 482 095
Merriwa RLFC 6548 2844
Merriwa RSL Club 6548 2157
Merriwa Sports Club 6548 2028
Merriwa Squash Club 0429 588 582
Merriwa Tennis Club 6548 2910
Merriwa Touch Football 0447 219 193
Merriwa Tourist Welcoming Centre and Mens Shed 6548 3201
Merriwa Tyre and Service Centre 6548 2078
Merriwa VIEW Club 6548 8560
Mortgage Choice 0408 480 562
Non Emergency Medical Transport 6548 2653
NSW Farmers Association 0455 455 760
PT Pest Control 0428 482 332
R and M Moore Property and Livestock 0427 153 446
Rockwell Livestock 6548 5100
Rotary Club of Merriwa 6548 2025
Sandy Hollow Public School 6547 4521
Scott Witton Building 6376 1168
Sporting Shooters Association 6547 6031
St Davids Uniting Church 6548 5126
St Josephs Primary 6548 2035
Tash Holden Communications 6548 5059
Trinity Markets 6548 2323
Upper Hunter Shire Council 6521 7000
Upper Hunter Weeds 6549 3802
Welderup 6548 2500

Emergency Services

In case of emergency call 000
or 112 from mobile services

Police (Admin only) 6548 2203
Police Mobile 0408 293 423
Police Assistance 131 444
Fire (Admin only) 6548 2005
Hospital -MPS 6532 5000
Rural Fire Service 1800 081 166
SES Emergency 132 500
Merriwa Rescue Squad 6548 2538
Dr Noman Jawaad 6532 5013
Merriwa Surgery - Dr Emad Jasem 6548 2305

Support the Ringer regularly but can’t find your business? Contact Tina on 6548 2119.
Alexander Downs is proudly 100% Hunter Valley owned and operated. From our paddock to your plate - Quality Guaranteed
Beef and Pork delivered to the Upper Hunter every second Friday

SPECIAL
SILVERSIDE ROASTS $10.50/KG
CORNED SILVERSIDE $ 9.50/KG
CRUMBED STEAK $10.00/KG

Delivery Friday 31.07.15

Please place orders by 5pm Mondays for Friday delivery. For Order Forms
Phone: 6548 5170 or 6548 5008. Fax: 65485181.
alexanderdownsgroup@bigpond.com

www.alexanderdowns.com.au
FOR SALE

76 Bettington Street, Merriwa

REduced $212,000

YES...THAT’S RIGHT $212,000.00!

MOTIVATED VENDORS

This 3 bedroom home sits on a large 1302m2 block in Merriwa’s main street. It is a rare find offering many development options including residential and or commercial (STCA).

The home features 3 large bedrooms and 2 bathrooms. The ornate 10-foot ceilings add character and charm to this home, and there are many period features throughout. For the growing family there are also 2 sun-rooms, one facing east and the other facing north so year round comfort is achievable. This home has a real feeling of peace and space it would make a grand renovation.

The property is fenced and has a recent colourbond double garage with concrete floor, a garden shed, water tanks, and lovely established gardens. The opportunities for this property are endless with multiple zoning, be it business or residential. This property is currently leased, showing a very healthy return on investment. Phone Megan.

FOR SALE

3 & 5 Prices Lane, Merriwa

$78,000 EACH

BUILD YOUR DREAM HOME!

A lovely large block of 1.02 hectares or 2.5 acres, fully fenced. Enjoy the convenience of being close to town, with a lovely rural aspect. The block has a steel gateway. Town water and power available. A great opportunity to build your dream home.

BUY ONE OR BOTH!

5 Prices Lane, Merriwa.

A lovely large block of 1.17 hectares or 2.8 acres, fully fenced. All the convenience of being close to town, with a lovely rural aspect. The block has access via a steel gateway. Town water and power available. A great opportunity to build your dream home. This block also has a set of cattle yards. Phone Megan on 0400 653 446

Looking for Professional Property Management for your investment property?

Phone Megan today on 0400 653 446 to arrange a free rental appraisal, and view our Property Management Prospectus!
130 Richmond Grove Road Sandy Hollow $750,000.00

TWO HOMES ON 112 ACRES!
Situated just five minutes from Sandy Hollow with the convenience of a local shop, school and pub, only 15 minutes to Denman and 30 minutes to Muswellbrook, this 112 acre property is very well located. There are two homes ideal for a large family or to lease one out and receive an income. The main home has three big bedrooms all with ceiling fans and one with a built in robe. A large lounge with a combustion fire and reverse cycle air conditioning plus a second living area at the rear of the home. The kitchen is in excellent condition with an electric stove and a huge walk in pantry. There is an attached dining area coming off the kitchen. The second home also has three big bedrooms with ceiling fans. The living area is a large open plan design with a good quality kitchen with a gas stove, dining and lounge featuring a reverse cycle air conditioner. The property is currently used for horses but would cater to cattle if you choose. There is a six bay American barn stable complex with power and water connected, as well as an attached carport ideal for a big horse float or tractor. A double garage with power, four bay machinery shed, two bay open shed, numerous shelters, chicken coop with yard, and a 20m x 30m arena. The property is fenced into 12 paddocks with water available to all. Water is supplied via a stock dam and over 110,000 litres of fresh water storage. The land is mostly flat to slightly undulating country with a small amount of timbered ridge. This property has very good infrastructure in a great location and is well worth an inspection.

DYSLEXIA OR LEARNING DIFFICULTIES?
Some children experience reading and learning difficulties as a result of visual perception problems caused by Irlen Syndrome/Scotopic Sensitivity. Irlen Syndrome can cause Dyslexia and difficulties with:
- Reading
- Spelling
- Comprehension
- Concentration
- Ball Sports
- Fatigue
- Eye Strain
- Headaches

IRLEN DIAGNOSTIC CLINIC NEWCASTLE
Regional Clinics
Singleton: 49556904
Taree: 0409 653 700
Coffs Harbour: 0437 698 559
www.irlandyslexia.com

President: J Alker
Secretary: E Shipway
Telephone: 6548 3201
**MERRIWA HEALTHY ENVIRONMENT GROUP INC**

Caring for our land, our water and the air we breathe.

Contact:  Graham Brown 6547 6048
Ted Finnie 6548 5171

Visit:  www.merriwa.nsw.au

**MERRIWA PRE-SCHOOL & ACTIVITY CENTRE**

Pre-School is for 2 – 5 year olds
Open Monday – Friday 9am – 3pm
Ph: 02 65 482 083
Email: merriwapreschool@tpg.com.au

MAC is open for 5 – 12 year olds.
Open Monday – Friday 3pm – 6pm & 9am – 5pm School Holiday time.
Ph: 02 65 482 082
Email: merriwamac@bigpond.com.au

**Merriwa District Education Foundation**

President - Ivan Gant 6376 1044
Secretary - Jane Hegarty 6376 1052
Treasurer - Lesley Nixon 0407 627 846

Education changes lives. And families. And communities.
Our work is an investment in the future of rural and regional Australia.

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Clothing and Footwear for all the family
Mens and Ladies clothing
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Handbags and Luggage
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Accessories, Books, Nick-Nacks
Clothing for all the family
Donations Welcome!

Tues-Fri.
9.00am – 12.30pm
Sat.
9.00am - 12.00pm

118 Bettington St, Merriwa
6548 2323

**Country Education Foundation**

President - Ivan Gant 6376 1044
Secretary - Jane Hegarty 6376 1052
Treasurer - Lesley Nixon 0407 627 846

Education changes lives. And families. And communities.
Our work is an investment in the future of rural and regional Australia.

**Merriwa Ringer**

OFFERS PENSIONER DISCOUNTS, MENS AND LADIES CUTS, PERMS, COLOURS, FOILS, HAIR EXTENSIONS, SPRAY TANS, GIFT CERTIFICATES

Phone: 6548 2499

OPEN TUESDAY TO FRIDAY
SATURDAY BY APPOINTMENT ONLY
2015 ROSTO OLIVES
MERRIWA FESTIVAL OF THE FLEECES
CELEBRATING 25 YEARS
SATURDAY 6 JUNE 2015
A Family & Community focused event.
Phone: 6521 7046
email: lgarment@upperhunter.nsw.gov.au

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29 Blaxland Street, Merriwa 2329
Email sales: Justin@welderup.com.au
Email accounts: accounts@welderup.com.au
Web: www.welderup.com.au

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Merriwa 02 6548 2205
MERRIWA RINGERS
DR EMAD JASEM
For all your medical needs.
OPENING HOURS
Monday to Friday 8.30am to 6.00pm
Saturday by arrangement.
For appointments please call the surgery on 6548 2305

MERRIWA RACES
Race Day for 2015 is April 18
Race Club President - David Alker
Contact - 0427 482 095
Vice Presidents - Peter Bishop and Paul Frampton

Merriwa Central School
P & C Association
President: Jayne Cronin
Senior Vice: Christine Riley
Junior Vice: Yvonne McNaught
Secretary: Gaynor Blackadder
Treasurer: Anna Whaley
Meets the first Wednesday of each Month at 7pm, Merriwa RSL Club

Merriwa Anglican Parish Services
Holy Trinity St Columbia
Merriwa Cassilis
9.00am Sundays 11.00am every
10.00am Fridays 2nd and 4th
Short Bible Study Contact: 0429 996 769
Wed, Fri, Sat
Morning Prayer
Rev’d Glen Hughes – Supervising Priest & Rev’d Pat Kirby – Local Priest

Merriwa District
Progress Association Inc
SUPPORT THE ORGANISATION
WHICH SUPPORTS YOUR COMMUNITY
Meets every 4th Wednesday at Merriwa RSL at 6:00 pm
Phone Kim on 6548 3060
Or Beron on 6548 2245

Merriwa RSL
141 BETTINGTON ST
MERRIWA NSW 2329
PHONE: 65482078 FAX: 65482063
CAN-AM *HUSQVARNA OUTDOOR PRODUCTS
*COOPER TYRES *MICKEY THOMPSON
*Bridgestone *GOODYEAR/ DUNLOP
*TOYO TYRES *MAXXIS TYRES
FULL MECHANICAL WORKSHOP
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Merriwa Bowling Club
Opening Hours
Monday 9am – 5:30pm
Tuesday 9am – 5:30pm
Wednesday 9am – 5:30pm
Thursday 9am – 5:30pm
Friday 9am – 5:30pm
Saturday 9am – 12 noon
Ph: 6548 2213

Cassilis Bowling Club
PH: 6376 1002
Open every day 5pm

Merriwa Central School
Primary Campus: 6548 2101
Secondary Campus: 6548 2119
merriwa-c-school@det.nsw.edu.au
www.merriwa-c-schools.nsw.edu.au

Catholic Parish
Merriwa & Cassilis
WEEKEND MASSES
St Anne’s Merriwa
1st, 3rd & 5th Sunday - Sat 6.00pm
2nd & 4th Sunday - Sun 8.30am
St Joseph’s Cassilis
2nd & 4th Sunday - 10.00am
Parish Priest - 6548 2086
St Vincent de Paul - 6548 3092

P & F President - Dermot Shannon
Contact: 0428 482 332
Email: merriwapete943@gmail.com
7 Bow Street MERRIWA NSW 2329

CWA
Meets 2nd Monday
of the month
at 10.00am in the CWA Rooms,
159 Bettington Street
Visitors and new members are always welcome.
Enquiries to:
President: Barbara Campbell
Phone: 6548 5131
Email: barbara@911@gmail.com
Secretary: Robyn McAulster
Phone: 6548 3274
Email: robyncwa@bigpond.com

CASSILIS
Relieving Principal: Jeanette Grinham
Coolah Road Ph: 63761009
Cassilis NSW 2329 Fax: 63761005
cassilis-p.school@det.nsw.edu.au
www.cassilis-p.school.nsw.edu.au

ST DAVIDS
Uniting Church
Vernacher Street
Merriwa
Service Times
1st, 2nd, 4th and 5th Sundays at
11.00 am
3rd Sunday at 6.00pm
Contact
Pastor Ross Neville - 6545 1396
Pastor Richard Moors - 6543 1168
Peter Campbell - 6548 5126

SANDY HOLLOW PUBLIC SCHOOL
Primary Campus: 6548 2101
Secondary Campus: 6548 2119
sandyhollo-p.School@det.nsw.edu.au

Stages of the Smith Family
Meet 4th Thursday of each month
Visitors are always welcome
Enquiries to:
President: Julie Smith
Ph: 0429 197 397
Secretary: Elaine Sparrow
Ph: 6548 8560

P & C Association
Merriwa Inc
ROUNTY SERVICE
Meets each Tuesday at the Merriwa Sports Club
7.00pm for 7.30pm
4 x 4m Marquee for Hire
6548 2025

SCHOOLS
Cassilis Public School
Schools
Merriwa RSL Club

The Members Lucky Badge for $950.00 was not won on Friday at 8.30pm the number was 220, this week it jackpots to $1000.00. The 7.00pm draw for $300.00 was not won the number was 455, this week it jackpots to $320.00. The 9.00pm draw for $220.00 was won the number was 543, this week it jackpots to $240.00. LTPS/14/04323

COMING EVENTS
Introducing ‘T-Bone Tuesday’

Every Tuesday you can now order a T-Bone, chips and salad or veg for just $15.00.

Also every Thursday have a chicken schnitzel, chips and salad or veg for just $12.50.

New to our menu - Wagyu burger and Matt’s Meatball with pasta or on a roll.

WHAT’S HAPPENING IN THE CLUB

HAPPY HOUR IS BACK - Friday 6.00pm to 7.00pm and Sunday 11.00am to 12.00 noon, $3.00 schooners and $2.00 middies, and $5.00 Corona’s.

Bistro hours of an evening change this Friday to 5.30pm to 8.30pm, and 5.30pm to 8.00pm Saturday to Thursday.

Sunday night music in the games room 7.00pm to 11.00pm.

Nominations are being called for the Board of Directors. Open on Friday July 17 and close on Sunday August 2 at 6.00pm. Voting starts Friday August 28 and closes on Sunday September 6.

Matt Morgan
The Sports Club provides a wide range of benefits for members and guests.

**Mondays** - Happy Two Hour - 4.00pm to 6.00pm

**Tuesdays** - Rotary meets - 7.00pm for 7.30pm

**Thursdays** - 6.00pm Bingo - Prizes of club and meat vouchers. Raffle and Super 39 special prize

**Fridays** - Happy Two Hour - 5.00pm to 7.00pm, free raffles and Chook Wheel.

**Saturdays** - Monster Raffle. Tickets on sale at 6.00pm drawn 7.00pm, winners jackpot, dinner draw and Saturday Badge Draw.

**Sundays** - Members badge draw plus three raffles choice of $25.00 meat or fuel vouchers

**Last Sunday each month** - Smorgasbord all you can eat Chinese entree, mains and desserts.

Casual Bowls and Golf also available. Donations in honesty box.

Chinese/Australian restaurant open for lunch Wednesday to Sunday, 12 noon to 2.00pm. Dinner Tuesday to Sunday 5.30pm to 9.00pm. Closed Mondays, reopen 5.00pm Tuesday.

For bookings and take away - telephone 6548 3228.

**DON'T FORGET CHINESE SMORGASBORD SUNDAY JULY 26**

**WEEKEND RESULTS**

**Saturday Raffle July 18**

Saturday members draw no 454, not won – next week $300.00

Winners Jackpot not won - next week $500.00

Free Tickets: Olivia Gear
Dinner: Max Barwick
Bowls Raffle: Nancy Coulton

PLEASE NOTE – Saturday raffle tickets on sale from 6.00pm and drawn at 7.00pm during winter months.

**Sunday Raffle July 19**

Sunday members draw - No 21, was not won. Next week $700.00.

**NRL FOOTY TIPPING COMPETITION**

Make sure your picks are to the Club by 6.00pm on first game night of each round. First prize of $300.00, second prize $200.00, third prize $100.00, last prize $50.00. Weekly spondula of $10.00 for picking the round. Good luck.
Merriwa Kingslyn under 9’s came up against a strong Singleton side on Saturday who had a couple of tall boys who were hard to handle. All our team played well getting better in each third. Brooklyn Blackadder received the Coaches Award for a very willing effort to take the ball up, making good meters on most occasions, as well as trying hard in defence. We crossed for five tries with two each for Clayton Porter and Jyeson Pike and one for Dylan Keane. Well done guys and gal, it was a very good effort from all.

John Sparrow (stand-in coach)

ROCKWELL UNDER 12’S

Under 12’s travelled to East Maitland last Saturday. The boys put a good effort in but struggled to keep up with the East Maitland side. Score was 38-nil. Player of the Match went to Jackson and Nick. Numbers for our under 12’s side have been good this year with coach Reece doing a great job with the boys. John, Patrick, Logan, Jock, Nick, Will, Damien, James, Jackson, Lachlan, Gordon, Jake, Anthony, Kai and Darcy are all enjoying their footy and couldn’t wait to get out there on the field. A bit of practice needs to be with our defence and ball handling so everyone gets to training as our under 12’s do only have three games left for the season.

Belinda Keane

Merriwa Rugby League Club

On Saturday the League Tag side travelled to Murrurundi. One thing they knew for sure was that it would be cold and it was. Unfortunately, it wasn’t Merriwa’s lucky day with the final score being Murrurundi 28 and Merriwa 6. Brodie Hollier scored Merriwa’s try with Jessyca Morgan converting the goal. Congratulations to Brodie who also picked up Players Player. Well done Brodie.

This Sunday both sides play (yes the boys have a game). They will travel to Aberdeen with the girls kicking off at 11.30am then Reserve Grade at 12.30pm. Good luck to both teams.

DATE TO MARK ON THE CALENDAR

What: Merriwa Football Presentation
When: Saturday October 3
Where: At Merriwa RSL Club

More details closer to the date.

Gaynor Blackadder

Community

Merriwa Kingslyn under 9’s came up against a strong Singleton side on Saturday who had a couple of tall boys, who were hard to handle. All our team played well getting better in each third. Brooklyn Blackadder received the Coaches Award for a very willing effort to take the ball up, making good meters on most occasions, as well as trying hard in defence. We crossed for five tries with two each for Clayton Porter and Jyeson Pike and one for Dylan Keane. Well done guys and gal, it was a very good effort from all.

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Gaynor Blackadder
## Community Calendar

What’s happening?

Send your calendar information in before 12 noon Mondays to merriwa2-c.school@det.nsw.edu.au

### JULY

<table>
<thead>
<tr>
<th>Date</th>
<th>Event details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday 23</td>
<td>Merriwa Touch Football AGM - Merriwa Sports Club - 6.00pm</td>
</tr>
<tr>
<td>Thursday 30</td>
<td>Swimming Club AGM - Merriwa RSL Club - 6.00pm</td>
</tr>
<tr>
<td>Friday 31</td>
<td>Messy Church - Parish Hall - 3.30pm</td>
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### AUGUST

<table>
<thead>
<tr>
<th>Date</th>
<th>Event details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday 14</td>
<td>Ladies Guild casserole lunch - Parish Hall - time TBA</td>
</tr>
<tr>
<td>Saturday 15</td>
<td>Men’s Breakfast - Parish Hall - 7.30am</td>
</tr>
<tr>
<td>Friday 28</td>
<td>Messy Church - Parish Hall - 3.30pm</td>
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</table>

### SEPTEMBER

<table>
<thead>
<tr>
<th>Date</th>
<th>Event details</th>
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<tbody>
<tr>
<td>Friday 18</td>
<td>Merriwa Sprintime Show</td>
</tr>
<tr>
<td>Saturday 19</td>
<td>Merriwa Springtime Show</td>
</tr>
<tr>
<td>Sunday 20</td>
<td>Merriwa Springtime Show</td>
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</tbody>
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### OCTOBER

<table>
<thead>
<tr>
<th>Date</th>
<th>Event details</th>
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</thead>
<tbody>
<tr>
<td>Saturday 3</td>
<td>Merriwa Campdraft - rescheduled date</td>
</tr>
<tr>
<td>Sunday 4</td>
<td>Merriwa Campdraft - rescheduled date</td>
</tr>
<tr>
<td>Monday 5</td>
<td>Merriwa Campdraft - rescheduled date</td>
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